

Parish News

Kington, Huntington & Titley

August 2022



SARGEANTS BUSES FOR KINGTON

From 1st January 2022

email: office@sargeantsbros.com
Tel: 01544 230481

Mill Street, Kington
Herefordshire
HR5 3AL

HEREFORD 461 via Lyonshall 462 via Eardisley

Journey times vary Kington to Hereford approx 65minutes

Departs Mill Street Car Park, KINGTON

	461	461	461	461	461	461	462	461	461	461	463
Mon-Fri	0645	0720	0850	0950	1050	1150	1250	1350	1450	1540	1710
Saturday	-	0720	0850	0950	1050	1150	1250	1350	1450	1540	1710

Returns Railway Station, HEREFORD

	461	461	462	461	461	462	461	461	461	461	461
								Sat/Hol	Sch		
Mon-Fri	0748	0900	1000	1100	1200	1300	1400	1500	1600	1615	1700 1815
Saturday	-	0900	1000	1100	1200	1300	1400	1500	1600	-	1700 1815

LLANDRINDOD WELLS

Departs Mill Street Car Park, KINGTON

	461	461	461	461	462	461	461	462	461	461
M-F Coll Days	0600	0750	1010	1110	1210	1310	1410	1610	1735	1810
M-F Coll Hols	-	0750	1010	1110	1210	1310	1410	1610	1735	1810
Sat	-	0750	1010	1110	1210	1310	1410	1610	1735	1810

Returns from Railway Station, LLANDRINDOD WELLS

	461	461	461	462	461	463	462	461	461
M-F Coll Days	0638	0900	1108	1208	1308	1408	1600	1708	1808 1850
Sat& Coll Hols	-	0900	1108	1208	1308	1408	1605	1708	1808 1850

KNIGHTON Route 41

Departs Mill Street Car Park, KINGTON

M-F		0610	0820	1010	1210	1520	1730
Sat		-	0820	1010	1210	1520	1730

Departs Bus Station, KNIGHTON

M-F		0642	0911	1111	1307	1617	1805
Sat		-	0911	1111	1307	1617	1805

TIMETABLES FOR ALL SERVICES AVAILABLE ON MOST BUSES
& OFFICE IN MILL STREET

Also available on www.sargeantsbros.com

THE KINGTON PARISHES



St Mary, Kington **St Thomas a Becket, Huntington**
St Stephen, Old Radnor **St Mary, Kinnerton** **St Peter, Titley**
www.kingtonparishes.org.uk

CLERGY

Rev Ben Griffith The Vicarage, Church Road, Kington HR5 3AG 01544 230525
Vicar's email: vicar@kingtonparishes.org.uk
Parish Office email: office@kingtonparishes.org.uk

Rev Denis Parry 33 Mill Street, Kington HR5 3AL 01544 230550
Rev Tony Jardine 9 Park Green, Kington 01544 239160
Rev Paul Buckingham The Cottage, Prospect Lane, Kington HR5 3BE 01544 231357

READER

Rob MacCurrach 33 Cutterbach Lane, Kington, HR5 3EH 01544 231848

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Upper Hengoed, Huntington, Kington HR5 3PQ
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Greenfield Farm, Huntington, Kington HR5 3PZ

Old Radnor Mr Michael Jones 01544 370259
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Mrs Rosemary Watkins 01544 230174
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Miss Freda Lymath freda@sparkiesofkington.com
Arrow Weir House, Kingswood Rd, Kington HR5 3HD 01544 231780

St. Mary's, Kington PCC is a registered charity and its number is 1185453

Letter from the Bishop of Hereford

Many churches have risen to the challenge of welcoming Ukrainian refugees. By the time you read this I hope we will have a family of five staying with us – visas permitting! We have been greatly helped by a support hub organised by the team at St. Peters in Hereford. We won't have the time to help our guests with the labyrinthine procedures of registration, school places and the like. Fortunately, being part of the group means we can provide what we can and others will help them settle in.

A few weeks ago, some of the recently arrived guests reflected on the cultural differences they had encountered as they settled in. Notable was their bemusement about how English people say sorry all the time. Its true, we do! American friends find it odd as well. Ukrainians tend to be much more direct. Identifying these cultural differences reveals a lot about our different expectations. They can misinterpret our behaviour as insincere; we can interpret theirs as impolite. Both are misinterpretations, but clarifying these expectations is important.

This plays out in every sphere of life: school, home, community and Church. So much conflict could be avoided if we had the courage to have honest conversations about the effect the behaviour of others has on us, particularly in an environment where we decide we aren't going to take offence. Jesus' disciples' expectations of what a messiah would look like were completely wrong. Much of his ministry was about putting them right. The expectations of our clergy have often been formed in a completely different environment to now. One deanery in our diocese has 7 stipendiary clergy. In 1961 there were 17! Clearly, the current generation can't do the things their predecessors did. Similarly, some clergy's expectations of the people in the parishes may have been formed in a very different context to the multi-parish setting in which they now serve.

Many of the relational problems that naturally emerge in any community, and especially in churches, trace back to this expectation mismatch.

As we move forward as a diocese post-COVID these sorts of honest conversations will be vital to the health and well-being of the church. Listening to one another in order to understand rather than to respond will be a key element. Healthy communities are ones that identify conflict and move towards it to resolve it rather than avoid it and pretend it isn't there. I believe a church community that models handling disagreements well could be a very attractive one in a fragmented world like ours.

+Richard



ECO CHURCH
AN A ROCHA UK PROJECT

Wouldn't it be wonderful if we knew that a large amount of our food was grown safely and locally. The other day I saw a plastic pot of fruit salad. On the back I read "Fruit grown in Argentina, packed in Thailand and sold in UK". How can that possibly make sense?

Every Friday there is a locally Kington stall, in the Place de Marines where all the fruit, vegetables and plants are grown within 10miles of Kington and all with out sprays. There is also a local market in the Baptist Rooms on the same day.

What about going to a pick your own, share a car and go with friends. Perhaps you could go by bike? There is a pick your own at Park Farm, Staunton on Arrow for strawberries, rasberries, gooseberries and currants. We could also all try to grow a few easy vegetables ourselves.

Trish MacCurrach

View from the Vicarage

Dear Friends,

As I write this both our country and our continent are enduring or enjoying depending on your point of view an extraordinary period of extremely hot weather. A time that for many of us evokes memories of the long hot summer of 1976. My most profound memory of that summer was sitting in Hyde park in London in August with the trees looking as if it was already autumn; will 2022 be the same?

What is remarkable is not the duration of this hot weather compared to that of 1976 but rather how much higher temperatures are now compared to then. The UK has now recorded temperatures in excess of 40°C unthinkable here just a few years ago. Not just in this country but across the Globe we see mounting evidence not merely suggesting or implying that the global climate is warming dramatically but providing incontrovertible fact that what was once seen as science fiction is now science fact.

It seems to me that the argument now is no longer whether or not global climate change is happening but how are we as individuals, as communities, as nations, as a global responding to it.

The selfish reaction to climate change is simply to do whatever is needed to ameliorate the most extreme conditions for ourselves; air conditioning systems, flood defences, insulation and so on. As appealing as these solutions may appear they do not actually resolve the problem. Climate change is a global problem and it is only when all countries and peoples work together that solutions that will affect millions of people will or can be effective.

What's the Christian response to Global warming and does it or should it, affect the way that we live our lives here and now?

The Old Testament includes numerous occasions in which God reveals his divine power by causing Divine climate change. In the Book of Exodus, God uses his power over the climate to reveal to Pharaoh, King of Egypt quite who's in ultimate charge and who isn't!! The journey of the Israelites to the promised land is accompanied by more instances of divinely induced climate change and they don't cease on the border of the land of Israel. The creation accounts in the Book of Genesis remind us that God is the fount and source of everything that exists, as CW Eucharistic Prayer G* also reminds us:

"From the beginning you have created all things and all your works echo the silent music of your praise."

Surely, anyone who's seen those remarkable images from the James Webb Space telescope which NASA recently released can fail to see how that prayer is represented in the cosmos. Those numerous galaxies all teeming with light and energy surely echo the silent music of God's praise.

Alongside us, the myriad forms of life which also call this lump of cosmic rock home all do the same. As human beings we are a part of not apart from the rest of creation, C W Eucharistic Prayer G again:

"In the fullness of time, you made us in your image, the crown of all creation."

As the high point of creation we are endowed with responsibility for the care, nurture and maintenance of the whole of creation.

To ignore the impact that uncontrolled climate change is having on all of the life on earth is therefore fundamentally anti-Christian because it is flagrantly ignoring our most precious responsibility to God and to all of his children. We have to whenever and however possible be part of the solution not contributors to the problem.

This is without doubt going to require wide ranging and fundamental change to the way that we live our lives but as these last months and years have reminded us over and over again we cannot ignore what's going on around us. As Christians we endeavour to model our lives on Christ and his response to anyone in need was to act to help and heal. The greatest healing required now is for the planet itself and as the crown of creation all human beings must be in the vanguard of finding and implementing solutions that aid in that process. We may feel that in comparison with the enormity of the global problem our individual contributions are very minor indeed but each minor change when aggregated with all of the other seemingly minor changes make a considerable difference and that surely is exactly where we are and should be now; individually and collectively making those changes in our lives which reduce our dependence on the earth's precious resources and help to ensure that the planet which our children and grandchildren will inherit will be fit for them to pass on to theirs; a challenge if ever there was one but then I'm sure that Christ's first disciples felt that their task was equally daunting!! In the meantime, enjoy the summer and do spare a thought for those desperate for rain.

With my love and prayers as always

Ben.

*Common Worship Order 1 Eucharistic Prayer G

Following consultation with Old Radnor and Kinnerton PCCS it's been decided to implement an amended service pattern from this month onwards. Services in Kington, Huntington and Titley are unaffected. My very grateful thanks are due to all members of Old Radnor and Kinnerton PCCs for their helpful contributions which enabled us to achieve this.

THANK YOU

Finally this month, we must say a huge thank you to everyone who travelled up to Alveston on July 7th for Rev Linda's Licensing as Priest-in-Charge there. A particular thank you to Philip who organised the excellent coach which took us safely there and back.

Thank you also to everyone who organised, ran or supported in any way, our fabulous fetes at Kington, Old Radnor and Huntington. Thoroughly enjoyable afternoons in blissful summer weather providing wonderful opportunities for people to meet socially and safely in the open air.

Don't forget it's Titley Fete on 13th August, see you there!

With my love and prayers as always

Ben.

The ex-Curate's Column

Dear friends,

This is a message of thanks. For the wonderful cards, gifts and extraordinary outpouring of affection which you have shown to Paul and I as we leave Kington for a new home in Stratford-upon-Avon.

I was astonished by the gift of a large cheque, a collection from you all, which was given to me at my last service, and I promised to let you know how it has been spent.

Well, we haven't quite spent it yet. I bought a new study bible which I thought was most suitable, and Paul and I will buy some garden furniture as soon as we are able. We thought that this was the most appropriate thing to do with a gift from Kington – and it will remind us of the many conversations held in gardens, and the many contributions of plants and vegetables from various gardeners and allotmentees.

It was lovely to see so many people at my licensing at St. James' Church in Alveston. An evening I will never forget.

I hope our paths will cross again. God Bless,

Linda

Kington Community Lunch



**12.30pm
Wednesday
17th August**

If you would like a hot meal and company
please join us at the Parish House.
Contact 230683

A Message of Thanks

A recent Tractor Run organised by Bayliss Bros. from their yard in Eardisley raised £1,500 which was divided equally between two charities - The National Heart & Lung Foundation, and Cancer Research UK.

Special thanks to everyone who took part, or gave draw prizes, donations, or helped in anyway to make it so successful in memory of Alan (Dad).

Cicely



Praying the alphabet

This month we are praying the letter O

Thinking of our NSH this month we will start by praying for outpatients. Also pray that people waiting for operations can be helped sooner rather than later. We pray for opticians, oarsmen and officers of the law.

We pray for obstinate people, to learn to listen. We pray for opportunities for those who are struggling to find their way.

We pray for otters and their riverine habitat.

We pray to see God in the ordinary and love for the out castes.

If you would like anyone to pray for you or with you contact Rev Ben 01544 230525 or Trish 01544 231848

Kington Parishes Service Schedule for this month

*Dependant on Government announcements,
please see our website for up to date information.*

<https://www.youtube.com/channel/UCho108zE6VUpNGQAmmfA9OA>

Sunday, July 31st Trinity 7

Ecclesiastes 1:2,12-14,2:18-23 Psalm 49: 1-12, Colossians 3:1-11, Luke 12: 13-21.

10.00am: Group Eucharist Old Radnor

Sunday 7th August: Trinity VIII

8.30am: Holy Eucharist: Titley
10.00am: Holy Eucharist: Kington
11.30am: Holy Eucharist: Kinnerton
5.00pm: Songs of Praise: Old Radnor

Sunday 14th August: Trinity IX

8.30am: Holy Eucharist: Huntington
10.00am: Holy Eucharist: Kington
11.30am: Family Eucharist & Holy Baptism: Old Radnor
4.00pm: Pet & Animal Blessing: Kinnerton

Sunday 21st August: Trinity X

10.00am: Holy Eucharist: Titley
10.00am: Morning Praise: Kington
6.00pm: Evening Prayer: Old Radnor

Sunday 28th August: Trinity XI

10.00am: Holy Eucharist: Kington
11.30am: Holy Eucharist: Kinnerton
6.00pm: Evening Prayer: Huntington

All services at Kington are live streamed.

Unfortunately the list of readings for each Sunday was not provided for August.

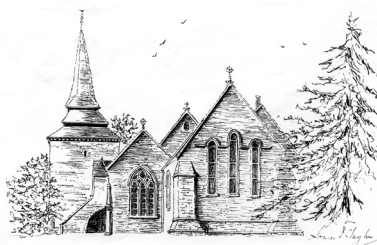
Owing to lack of space this month there is no crossword included in this edition. Hopefully it will return in September.

Editor

St. MARY'S CHURCH, KINGTON

The year speeds on and some annual events have been reinstated.

July got off to a good start with St. Mary's Garden Fete. Despite some anxieties about the weather all was well on the day and we were pleased to welcome so many visitors to share the occasion. A variety of stalls and competitions went well as did as did the children's play area.



Many "older children" enjoyed the quoits in that area too! Although we followed a new pattern for tea in order to try to eliminate the risks of covid it seemed to meet with approval. Our thanks to all who worked so hard in many different ways, we could not have managed without Malcolm and his team or Beverley's willingness to transport tables and chairs from the Leisure Centre. We were pleased to have the Festival Princess with us and were sorry that the Festival Prince was unable to be there. We were delighted to welcome Rodney back after his illness, and where was he to be found but in his rightful place, supervising the putting at the front of the Vicarage. Finally we thank Ben and Jean for sharing their garden with us.

Today, July 17th, we have celebrated Picnic Praise in the Vicarage garden. Again Malcolm and helpers got busy and so we were able, on a very hot day, to be grateful for the shelter of gazebos. To try to keep safe from covid, instead of a bring and share picnic, we each brought our own and enjoyed a happy time together following the service.

July Messy Church was very successful despite, due to covid, the absence of expected animals. A busy, creative time was enjoyed in the Churchyard as was a splendid barbecue to round off the occasion. Our thanks to all who helped to make this a happy time and special thanks to Lesley and David who manned the barbecue.

We now look forward to Messy Church on August 12th (see poster opposite) billed as an Activity Day from 11.00am to 2.30pm and, weather permitting, again being held in the churchyard. This will include a picnic which we will provide. We hope that we can welcome lots of families to have fun.

One more reflection, "Brassed Off", a concert arranged by The Friends of St. Mary's. I think we all enjoyed "music with a difference" and thank Stuart Brain and Steve Gilling for giving us a fun evening, appreciated by all who came.

Some forward dates for your diaries and to which to look forward.

Wednesday July 27th Churches Together Wine and Cheese Evening and A.G.M. in St. Mary's at 7 p.m.

Friday September 18th Concert in conjunction with Kington Walking Festival, we shall welcome Ludlow Town Band to St. Mary's Church at 7.30pm.

Friday September 30th the Friends of St. Mary's have invited historian Allan Lloyd to speak about the history of Lady Hawkins' School in Church at 7.00p.m.

Sunday October 2nd Harvest Festival at St, Mary's.

Rodney and I send greetings to our readers and hope that you all enjoy a happy summer.

Ann Edwards

MESSY CHURCH

Come and
join us for:



Messy Church Activity Day

at

St Mary's Church, Kington

Friday 12th August

11am - 2.30pm

Fun Activities and A Picnic



It's non sense not to be there

More Motoring Memories from the 1960s

In early 1969 I saw a 1955 Rover 90 for sale in the showroom of a Triumph dealership in Baldock High Street. Nothing ventured, 1969 nothing gained. I asked the price and set about negotiating a deal. The Rover had been taken in part-exchange, but required attention to the brakes. I was working towards a straight swap with the Morris Traveller. Geoff, who ran the garage for his father-in-law, agreed the valuations were about right, but the costs of fixing the Rover's brakes would put an extra cost on the sale price. Not wishing to let a bargain go, I wondered if I paid for the parts and carried out the work myself under the supervision of the workshop foreman, we might arrange a straight swap. (It may have helped that I was taking the wedding service of the foreman later in the summer).



The deal was done and I had the run of a modern workshop on Saturday afternoons. I purchased a Rover factory workshop manual from a local Rover dealer. Another joy of motoring in the 1960's was that most parts for British cars were readily available over the counter.

I fitted a brake master cylinder and two rear brake cylinders. The foreman checked the workmanship and the Rover passed its MOT. I always made sure the workshop was left clean and tidy, with all the tools back in the right place. I became firm friends with Geoff, a fellow enthusiast, and was able to make regular use of the workshop.

We used the car for family holidays and regular visits to our respective families. Later I found Mirabelle our Morris 8 rotting in the car park at Lister Hospital (then located in Hitchin). I tracked down the owner and offered him £10 to take the car away. The offer was accepted.

Once safely back at home I checked the car over and drew up a list of parts required, including front wings and engine. Fortunately I found another donor car and sentiment demanded the rebuild of Mirabelle.

Sadly, the running costs of the Rover became prohibitive on a curate's pay. We enjoyed luxury motoring for a year in great comfort. The Rover was fondly known as the poor man's Rolls Royce!

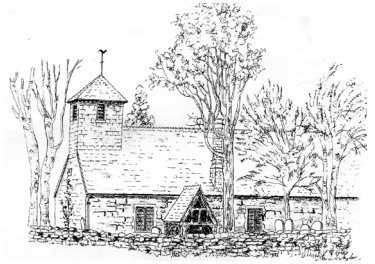
It was back to basics with a restored Morris 8 Series E. One Saturday afternoon I asked permission to use the Triumph workshop to carry out a few minor repairs. I needed to fit the work in before taking Evensong in the early evening. To save time I wore my dog collar and used a pair of overalls, reckoning on a quick change. Working under the car on a flat trolley, a fellow came into the workshop and, seeing me under the car, cheerfully exclaimed, "Poor old sod, fancy having to work on a Saturday afternoon!" He carried on in the same fashion for some time. Then I slid out from under the car. Seeing the dog collar, he became most apologetic and dashed out.

Tony Jardine

ST THOMAS à BECKET, HUNTINGTON CHURCH NEWS

Huntington Fete:

Another successful fete was held on the 16th July, and was opened by Rev. Ben Griffith. Ben was presented with the traditional floral posy by Connie, daughter of Lauren and Sam Lloyd and Granddaughter of Pippa and Mike Lloyd who live in Huntington.



Although attendance seemed down on previous years an amazing sum of £3,071.70, was made, which will be divided between St Thomas à Becket, Huntington Chapel and the Ukraine Appeal, with a small donation to other local charities.

Everyone enjoyed afternoon tea and a chance to chat to friends, particularly under the shade of the marquee on such a scorching hot day. There was a good selection of traditional stalls, where everyone could purchase produce, cakes, plants, etc. – strawberries and ice cream being very popular, or try their hand at the assortment of games and competitions – too numerous to mention them all.

Our thanks go to everyone who contributed items for the afternoon teas and the stalls, those who helped set it all up and tidy everything away, and those who helped on the day. Our thanks also go to Will and Fiona Shone who kindly let us use their wonderful garden in which to hold the event. And lastly, our thanks go to everyone who came along and so generously supported us.

Huntington Village Walk, Pizza & Pudding Event Sunday 28th August

Walk at 2pm

Pizza from 5:30pm

Meet at Yew Tree Farm - HR5 3PG

Non walkers and/or non pizza eaters welcome, join us for the bit you fancy!
£10 per person

Please book with - Pippa and Mike Lloyd
pippalloyde@btinternet.com or 01544 370692

Bring your own drinks.

Paincastle Local Interest Group Visit:

The Paincastle Local Interest Group will be visiting Huntington on Thursday 25th August. They will conduct a "Walk and Talk" through the village led by local historian Allan Lloyd. This will be followed by light refreshments in the village hall. There will be a freewill offering with proceeds being donated to St. Michael's Hospice and St. Thomas à Becket Church. The walk will commence at 7:00pm from Huntington Village Hall.

Huntington Chase:

This longstanding village event is continuing to be very popular, with numerous participants now coming from well outside the local area. If you are feeling fit, then do book to take part by either: riding a horse, running, cycling or walking the 11km course. Fancy dress is encouraged, which makes this a really fun event for both participants and spectators. See poster below for full details and please note that places are limited and therefore a place must be booked prior to the event.

Susan Maiden

The poster features a grey rounded rectangle at the top with silhouettes of a person on a horse, a cyclist, a runner, and a walker. Below this, the text 'Huntington Chase' is written in a large, white, sans-serif font. The date and time 'Saturday 1st October 2022 at 12 noon.' are in bold black text. The route is described as 'Ride, bike, run or walk-11km. course. Start Lower House Farm, Huntington, on to Gipsy Lane, Hergest Ridge, Gladestry, Stone House Bank and back.' Booking information includes 'Numbers will be strictly limited. email with name, contact number and mode to peterbkelly642@hotmail.com to reserve your place.' Pricing is listed as '£15 entry to include soup and sandwich. £5 for under 16's but to be accompanied.' and 'Swan Inn will be open.' Prizes and fancy dress are encouraged. A black box with white text says 'Do not turn up on the day if you have'nt booked.' At the bottom, a small note states 'Riders and cyclists to wear protective head gear. Riders must carry own PL insurance. All to take own personal accident insurance if desired and to declare they are in good health and not suffering any medical condition or physical handicap which would affect their ability to take part safely in this event.'

Huntington Parish Council.

Huntington Parish Council are looking for a new Parish Clerk to take over from the existing Clerk on 1st April 2023.

The Parish Council has five Parish Councillors and they usually have four Committee Meetings and an Annual General Meeting each year. For more information on Huntington Parish Council please refer to the Parish Website: huntingtonherefordshire.gov.uk where details of the Councillors, Clerk, Meetings, Annual Accounts and Planning Applications are available.

If you are interested in taking over the position of Parish Clerk please contact Michael Lloyd on 01544 370692 or email: michaelyew@hotmail.co.uk

Reader Writes

Daddy Daddy Daddy, come outside quick, I think it's an aeroplane! Oh yes, you can see its vapour trail. Maybe it's military; I haven't seen one of those for years! To think that my Great Grandmother flew in one just to go on holiday. I know Dad, and to think that they used to go surfing on beaches of yellow sand; I've seen the old films. That was before they built the wall to keep the sea out. I know Darling, don't talk to me about the wall; I spent 2 years national service on the cursed wall, and it was to keep the climate refugees out as much as the sea. But there's hope, agreed? And we've even got swifts back when we thought they might become extinct. Okay Dad, hope! Agreed!

Is such a future exchange between father and child remotely plausible? I'm afraid I think it is. The UN Climate Change Conference series makes determined attempts to get nations to reduce their fossil fuel use in a bid to keep global temperature rise to 1.5C, but realistically we may have to cope with changes of 3C or worse. That means significant sea level rises, the passing of climate and environmental tipping points, and climate related devastation to forests and crops. Hence the possibility of walls, massive climate related migration and food insecurity for our grandchildren and their grandchildren. No wonder protest movements like Extinction Rebellion are most prominently protests by youth with the imagination to see what it means for them.

The Church is of course often at the heart of climate change and environmental action. We are stewards of God's earth with a responsibility to care for God's creation; and what is often called "climate justice" is a powerfully motivated concern for our global neighbour. As a developed nation we benefited from coal and oil in abundance without needing to think about the consequences of an altered climate. Hence the Church and its leaders often speak out about just treatment of economic and climate refugees. They are not just our neighbours but the victims of our life styles.

However, there is more to this. Christians have reason for hope and we have a responsibility to live our lives with hope. The world looks grim but it is God's world and with him we shall come through this; not without cost and grief and profound change to how we live, but we shall do it with God in whose eternal hands our future lies. A very profound and reassuring piece of scripture is Paul's letter to the Colossian church in Col 1:15-20; I'll take just a bit of it. *"For in Christ all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of the cross."*

Christ is part of the creation, and when he died on the cross he didn't just redeem mankind but the whole of creation. He shall bring peace to the earth as well as eternal life to his children. In other words he is not just concerned for you and me but, yes, for swifts and forests and sea life. When we love God we also love our hurting neighbour and care for the damaged limping world. The world needs our hope.

Robert MacCurrach

If you would like to advertise in the Parish News
please email: freda@sparkiesofkington.com
Your advertisement will then be included each month until March 2023

ST PETER'S CHURCH TITLEY NEWS

Flowers for August

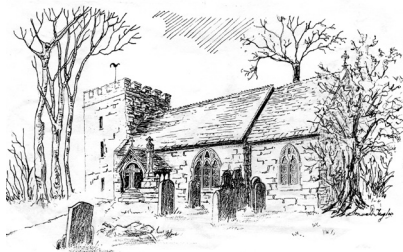
Norma.

Sunflower Competition.

If your sunflower has survived the hot weather please take a photograph of it with you standing by it and measure it and bring that with you to the fete so we can all see the photo's and see who has the tallest sunflower.

Community Shop.

I know I have put this article into the magazine before but we don't have much for the shop as yet so please do have a look around your house and have a bit of declutter and let the church have anything you can spare for the shop which is in October. *Dick*



Titely Village Fete

Saturday 13th August

from 2pm

on Stag Meadow

(by kind permission of David Forbes)

Dog Show

Titley Teas

Competitions

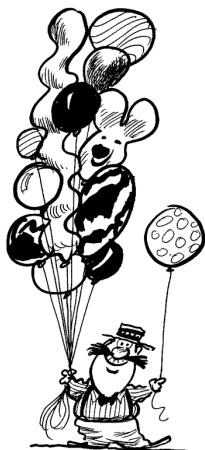
Fun & Games

Lots of Stalls

**Free
Admission**

**Ample
Parking**

**A fun family
afternoon!**



Titely Village Fete

Dog show



Sat 13th August at 2.15pm

Class 1 Dog or bitch in best condition.

Class 2 Prettiest bitch

Class 3 Most appealing eyes

Class 4 Most handsome dog

Class 5 Dog or bitch most like its handler.
For the Penelope Davies cup.

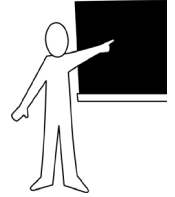
Class 6 Championship for
all 1st & 2nd winners

Entry fee for one class £1.50,
For two or more classes £1 each class
Class 6 is free



Tales from the Chalk face- A Roman in Corby (contd.part 3)

It was a delight to work at Our Lady's School (as it was affectionately known in the local community). When I arrived there was much to be done; spirits were low and staff were weary, BUT, they wanted things to improve and the school to thrive once more. It was hard work, but things did improve remarkably quickly, standards improved dramatically, staff morale was high and so was the school's reputation. So much so, that HMI decided to take the school out of Special Measures before my year was up! Everyone was delighted.



Much of the work we had done to raise standards in the school was seen as exemplary practice and recognised as such by the Local Authority. Several teachers were identified for the excellence of their work, and our school became a magnet for other schools looking to improve standards in their own situation. We often hosted training sessions for other schools, and teachers came to shadow the work of our teachers, in order to see the innovations we were putting in place. This was so pleasing, as only a year previously the school had been under threat of closure as it was seen to be a failing school.

So, in some ways my work there was done. Consequently, I was worried that the diocese would want to replace me with a Catholic head, now that I had completed the task set for me. But, to my surprise, the parents drew up a petition and wrote letters to the Bishop to plead that I might be allowed to stay on there. The Diocese told the Chair that they were happy for me to continue in the role for as long as possible, as I was 'more Catholic than most of the heads across the diocese!'. My job looked safe, but it had to be decided at a Special Meeting of the Local Authority and Governors. The Local Authority and Governors duly met, and they must have thought it was worth hanging on to me and I was subsequently asked to stay on in the school, which was so pleasing as Deborah and I loved being there in Corby.

The next Spring, I was delighted that the Episcopal Vicar for Education (Diocesan Director) asked me to join with a small group of Headteachers going on a pilgrimage to Krakow in Poland. I guess that was because of the school's work with the Polish community. I was delighted to accept. We went for a week during Lent, visited local schools, a monastery, places associated with Pope John Paul II. We went to visit local churches and shrines, including an Ossuary- a church which stored thousands of bones of souls long dead. Many of the bones had been made into chandeliers, they formed the altar, tables, chairs, and much more, so very strange, but quite beautiful too. We visited the salt mines and had a very memorable and moving visit to Auschwitz. When we were there, we spent some time in one of the blocks which had housed so many hundreds of Jewish prisoners during those dark, dark years. There was still a heavy feeling and a strange eerie silence, which captured some of the horror and fear of those poor souls who had suffered so much in that place. They say that no birds sing at Auschwitz. I must say that I observed that- just a dark silence. We knelt in that shed and prayed our prayers for peace, reconciliation, understanding and for the souls of all brutally killed in that camp.

I visited the central market in Krakow and purchased for the school, a wooden folding triptych with two opening doors which revealed an icon of the Blessed Virgin Mary. I purchased an altar cloth for the school altar and two sets of altar linen embroidered in gold. One of the sets I kept myself, and a few years ago, donated it to St Mary's Kington. It is often used for the main festival in our church. Look out for it!

The second year at Our Lady's was far less stressful than the first. We no longer had HMI visits every 6 weeks, we no longer had LA officers inspecting lessons and interrogating me about what I was doing to 'drive up standards'. Standards were improving rapidly. As they did our reputation grew more and more, and families flocked back to the school and to the church. This continued over the next year and beyond.

By the end of the third year the school's results were the best in the town, numbers had increased and everything was working well. My job was done. The Diocese wanted to thank me and arranged a pilgrimage for around 50 headteachers to travel to Walsingham, where they would hold a Mass and gave thanks for all that had happened at the school and for my work there. They arranged a coach and collected us from different pick-up points around the diocese, then we were taken to the site at Walsingham, given a tour and talk by a warden. At the end of the afternoon, we all gathered in the Large Barn and a Mass of Thanksgiving was offered. It was all very moving. I was presented with various gifts from the diocese and from my fellow head teachers, but the best gift was that I had been given the opportunity to lead that school through its difficult times to a bright future.

When I came to leave the school, there was a huge surprise party in the Catholic Club with staff, pupils and their families. The Chair ended his speech saying, "Thank you for saving our school". To this day, every time I hear from him, every time he writes, he ends with those words, and I respond "And thank you for saving me!"

Today the school thrives. The three local Catholic schools were formed into a Multi Academy Trust, led by the person I had appointed as Deputy Head and the Chair of our Lady's is now Federation Chair. Numbers have grown so much that the school reached its capacity- around 450 children. They are amongst the best schools in the county and their future is good.

That was my last post as a school leader. The contract I had ended in July 2010. I wasn't sure what to do next, I didn't fancy yet another headship- although the Diocese offered me two chances to take on Acting Headteacher roles with schools in difficult circumstances. One was in Northampton, and the other near Oxford. I declined and began an urgent search to find my next job. I was offered a chance to work with the Local Authority School Improvement team, but I didn't fancy that either. Then, as I scoured the Times Educational Supplement (it was still in a paper form at that point) I saw something which really interested me ... the post of Director of Education for the Diocese of Hereford.

The post had come available as the previous Director had been taken unwell. The Diocese were keen to recruit a replacement as soon as possible. So, with only a few days to the closing date I fashioned my application, sought out my references and applied. Within a week, I had been invited to interview. It was to take place on the day of our wedding anniversary, 14th July. The whole process of selection was centred on the Bishop's Palace and House at Hereford.

In the morning the four candidates gathered at Bishop Anthony's house, together with all members of the Diocesan Board, Local Authority representatives, selected head teachers and clergy and, of course Bishop Anthony. The day started with a Holy Eucharist in his private Chapel. Rather a squash, as there were so many people. He asked me to play the piano for the service. Then everybody squashed into his sitting room where each candidate gave a presentation on a given theme and answered the many searching questions arising from it. This was followed by three small panel interviews: One about School Management, one about working with the 4 Local Authorities serving the diocese, and one about other agencies and one about spiritual awareness. Again, all very deep and searching.

Then a nice lunch followed by an hour long interview with the whole board in the Conference Room at the Palace. After the interviews we were free to leave. As I had come the furthest, I was interviewed first. The plan was that there would then be two to three days of reflection and discernment, before a decision was made.

I returned to Corby feeling very positive about the experience, and the people I had encountered. The next morning, when I got in to school everyone wanted to know how things had gone, as I was explaining, the Secretary came to find me, to tell me there was a very nice man on the phone saying he was the Bishop of Hereford...and it was!! To my surprise he had

said that the Board had been unanimous in their view that they didn't need to wait to make a decision. They wanted me, and he was delighted to offer me the job. Of course, I was more than delighted to accept. So plans were made for us to move rapidly to the diocese as they wanted me to start work within the month !!

And so, a new chapter was about to begin.

Philip Sell

Not a Proper Gardener (Part 21)

The chard has overrun its bed this year – such an abundance of bright green leaves and white stalks to be cooked down with butter and nutmeg. Surely this counts as two of your five a day in one! The green beans are growing fast, and the peas, and perhaps this year the red currants will survive the torpedoing pigeons, and the rhubarb will escape the burrowing paws of the fox.



No, not my garden, but Angela Tilby's in Oxford, who thus began her regular column in the Church Times (24th June) heading it Growing food is good for the soul. (You may have heard her occasionally on Thought for the Day at about 7.45am on Radio Four.)

She claims not to be a gardener, but during lockdown to have rediscovered that growing food is spiritually uplifting in the way that it puts us in touch with the greenness and resilience of nature. Even in Hiroshima, she says, where it was thought that nothing would grow again perhaps for hundreds of years, signs of life were already evident within a year.

Certainly, in our own garden, rampant growth takes over in June and July and keeps us in touch with nature. As well as plenty of various vegetables with which to fill our plates (though not with butter and nutmeg) the so-called lawn, which we have deliberately left uncut, feeds our spirits; so beautified it is by lovely patches of white clover, to the delight of the bees, and by masses of purple self-heal, and enough pretty daisies to make a daisy chain. Weeds of course? The fruit trees have survived the June drop, though there are very few plums, and the soft fruit picking, bottling and freezing is in full swing: 18 pounds of gooseberries all picked, topped and tailed, bottled and stored, and raspberries being quick-frozen while we finish eating last year's. Emma spends ages endeavouring to persuade the blackbirds to lay off the currants (They've had all the white ones) and trying to work out how they are getting into the fruit cage – we'll have to do a proper renovation before next season. But she forgives them, especially Scruffy, one who has become as tame as a robin. He's now taken to perching on the kitchen window ledge and even opening his beak, and he also sometimes finds her when she's at work in the drawing room or in her library upstairs, knowing that she can't refuse him and, that he's bound to be successful in obtaining a sprinkling of bird food.

There's something special about eating produce when it's in season. The mange-tout peas and broad beans are extra delicious. The latter we cut off at ground level, leaving the roots, which have nodules of nitrogen, to feed the next crop of winter greens which follow; and the haulms and shucks are fodder for the compost heap. I suppose we should be glad that these days most things are available all the year round, but we don't want to eat asparagus out of season, especially if it's flown in from Peru – more air miles, more carbon. Likewise our figs, nearly ready, are something seasonably special to look forward to. And our home-grown strawberries, mini-cucumbers and tomatoes are so flavoursome.

On the other hand, as you observe, we do do a lot of bottling and freezing. But the produce is all more or less organic. I suppose it's really all about preserving a balance, and there's something to be said for working towards self-sufficiency in today's troubled world.

A sadness is the discovery that our mulberry tree has overgrown itself and the trunk has split into three, which makes it, we suspect, rather vulnerable to rough weather. I think we had better get a tree surgeon to come and have a look at it, but not before we gather some of its delicious fruit.

Meanwhile, as I read my morning prayer in the study and then wait, hoping that it's Angela Tilby's turn to do Thought for the Day, I watch, out of the window, up to 22 rooks playing football on the field over the road. Well, I can't imagine what else they think they're doing unless it's ballet. Happy gardening,

P.S. Here comes a horrid heatwave. Do you remember the terrible drought of 1976?

Denis

Builth Male Voice Choir Concert

On Saturday evening (9th July) Kington Baptist Church had the great privilege of hosting the Builth Male Voice Choir for a varied concert of traditional favourites and some surprises. To a packed audience the choir performed with all their customary excellence.

The superb acoustics of this historic church building added to the pleasure both of the choir and the audience. During two short interludes, while the choir took a 'breather', we were delightfully entertained with a number of short pieces played by Lucy Mann (flute), Carey Glyn-Jones (harp) and Joris Boon ('cello). The event was a charity concert, with generous donations of £461.06 going to the Red Cross famine relief in Afghanistan.

Our great thanks to all who joined with us – not least to Bronwen and her team who provided the refreshments!

Rev Richard Ross (Kington Baptist Church)

Community Shop Dates

27 July - 2 August	Marches Makers Festival
3 - 9 August	Huntington Church
10 - 16 August	tbc
17 - 23 August	New Radnor WI
24 - 30 August	tbc4
31 Aug - 6 Sept	KADOS



Kington WI

On Wednesday 13th July we met, as usual, in the Markwick Hall for a very interesting talk by a retired physiotherapist - it's amazing what they get up to!! Prior to the talk we had a detailed report from Wendy about the National Conference held in Liverpool. It sounded very modern with delegates attending via a mixture of zoom and real life - the way ahead? The competition was won by Janet, Jenny and Madeleine provided refreshments! It was an enjoyable meeting. We would like to invite anyone to come and join us on the 2nd Wednesday of the month.

A reminder that we have a few seats left on our coach to Aberystwyth on Wednesday 10th August, 9am at the bus station, cost £13. Phone Irene on 230683 or Margaret on 230805.

Janet Forrest

We plough the fields and scatter....

I recall with amusement how, at a festival service for the M.U. in Winchester Cathedral, the Dean announced it like this: We plough the fields and SCATTER!!! I was surprised that all the women didn't take to their heels and make for the doors – scattering.

It's a much loved harvest hymn, and the children of St Mark's Church Primary School in Haverfordwest, I remember, voted it their favourite amongst the many hymns they had in their repertoire. But it's not only suitable for Harvest Festival. I'm sure I've told you before about a lady in my church choir who disliked it so much that I put it on four times a year: Plough Monday, Rogation Sunday, Lammass and Harvest. I thought it was good for her soul. Well, she's forgiven me; although now well into her nineties, and in poor health, she writes regularly to Giles who sends her our Parish News magazine every month.

In rural communities, these agricultural festivals are more important than the writers of lectionaries realize. I had more than one local farmer who would not miss Plough Monday for anything - an opportunity to ask God's blessing on his work, he was fearful of the consequences should he should fail to attend. Some would say that this was just superstition. But what if it was? Look up that word in the Oxford dictionary and you'll see its first meaning is belief in the existence or power of the supernatural. Well? That surely includes belief in the existence and power of God. I'm afraid we live in an age of scepticism.

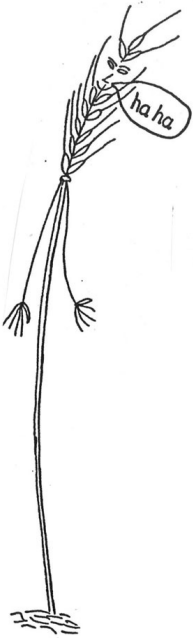
But I'll put Plough Monday on the back burner until January. It's Lammass which is relevant now, for that Festival of the First Fruits is traditionally celebrated on August 1st. It pre-dates by some centuries our modern Harvest Festival, which was originally introduced by a Cornish vicar only on 1st October 1843.

In fact you could say Lammass has its roots in the Jewish Feast of Weeks, fifty days which marked the time between Passover, when the first sheaf of barley was cut and waved before the Lord, and Pentecost, when the first-fruits were gathered in and celebrated. But when Celtic missionaries arrived in Wales, they discovered many pagan customs involving sacrifices like the slaying of the corn spirit, and the use of corn dollies. Superstitions? Wisely, some of these missionaries did not necessarily try to wipe out such pagan customs, rather they Christianised them. The sun god, for example, became the Celtic cross. One of the many pagan gods was named Lugh, or Lug. He was god of harvest, horse racing and marriage! And the old name for August 1st was Lughnasadh. I wonder whether our River Lug is named after him. The name Lammass, however, is apparently derived from an Old English word, Hlafmaesse, meaning Loaf-mass, when the bread at the Eucharist would have been baked from the first corn harvested, usually barley.

The Church of England does offer an authorised but rather apologetic introduction for a Lammastide service which we have managed to use once or twice. It involves the Presentation and Blessing of the Lammass Loaf, part of which may be used for the communion, and a few confessional prayers.

We like to make our loaf from barley flour, which isn't easy, because it contains but little gluten. Our Lammass loaf is therefore more of a flat bread, but of good flavour, and also quite suitable for communion.

Probably stemming from the time when Lammass was the only harvest festival is a Somerset folk song called John Barleycorn. We used to sing a version of it to a tune collected by Vaughan Williams and included in his delightful suite Folk-songs of Somerset. I'm afraid I can't play you that, but at least here's my rendition of the text:



Three men from the East land John Barleycorn have sworn to kill;
with cruel weapons in hand, they come his blood for to spill.

Now quickly they behead him, they must slay,
and bury him, quite dead, under the cold clay.

Then are they amazed, when March brings sun and rain,
to see John Barleycorn raised up from his bed again.

Full grown in July he looks, a tall and bearded man, he,
when men arrive with sharp hooks and cut him to the knee.

They cast him to the ground, bundle him by the waist;
buffeted he is, and bound, carted away in haste.

And now, between two stones, they grind his gold head;
the marrow of his bones makes for them bread.

Then take they his blood too, and make it their beer,
John Barleycorn to brew and drink with good cheer.

Denis Parry

Lower Gaer Open Garden Huntington, HR5 3QB

Sunday 31st July 2022
2:00 – 5:00pm

Admission: £5.00 per adult (children free)

2 acre garden created over the past 10 years
Including: pond, trees, shrubs, pergola & rose arch
Perennial borders, orchards and vegetable plot.
Scenic views overlooking Hergest Ridge and the
gently rolling Huntington hills



**Tea, coffee & cakes
Plant Stall**

KINGTON & DISTRICT HORTICULTURAL SOCIETY

Next meeting
**Thurs 18th August
at 7.30.**

**The life of Bees
and the Beekeeper**

with Brian Miller Hall
at
the Masonic Hall
Headbrook



All Welcome

Kington Art and Craft Market.

Saturday 20th August 9.30am – 3.30pm

Kington Market Hall and Place de Marines

Kington Saturday Arts & Crafts Market is once again delighted to present a wide range of beautiful cards, gifts and crafts to suit all ages, tastes, and budgets. All stalls feature genuine handcrafted products including:

Cards for all occasions, Pottery, Handcrafted ironware, Woodturning, Alpaca products, Artwork, Papercrafts, Crochet, Sewing & Stitching, Pin Loom Weaving, Spinning, Wax melts and so much more.

With our wide range of crafts and beautiful products, you're sure to find lots of ideas, plenty of inspiration and a genuinely individual selection of original items at Kington Craft Market. We are proud to support local artists and craftspeople. You'll find there's something for everyone; the perfect hunting ground for all your gift, home and garden decor needs.

Celebrate Summer with the perfect present – for yourself or someone special!
Everyone welcome!

Anna King - AK Crafts anna@akcrafts.co.uk 07977 978676



Kington Bowling Club

Brin Powell 2 Wood Triples Tournament

(any combination of men or women)

Saturday 6th August 2022
9 am

Entry Fee £10 team
Refreshments available all day

Winning team receive cup and £60
Runner up £30

All enquiries please contact Pete Evans
01544 230789 or 07771 666241



Prize money kindly donated by

OAK TREE FUNERAL SERVICES

'Pondering the Parables'

with tea and biscuits
on Friday afternoons
at 4 pm

Informal and relaxed

**Kington Baptist
Church**

Bridge Street



Easy Sudoku

3		6	7		2		5	
	1			4	6		9	
8	4	7						
		8			1			5
	3	9		5		8	1	
7			3			6		
						5	8	1
	6		1	7			4	
	8		5		3	9		6

Intermediate Sudoku

		4	6					1
			2					3
		7	1				6	9
	1					4	9	
	2	6					7	
1	9				5	8		
3					4			
7					9	1		

News from the Museum – Kington Railway Station

It takes an Act of Parliament to form a Railway Company. It takes one man to destroy it. Dr. Beeching finally closed Kington Great Western Railway in 1964. 70 people rode on the last passenger train into Kington Station, such a sad day. For such a small town the station was large, served by four branch lines, run by two different companies until they were taken over.

The station opened in 1857 was a very busy place taking passengers freight, animals to market, but more importantly bringing news of the outside world. There is a small flight of steps from the station to the bridge called Matchstick Lane. During the Boer War, passengers off the train brought the news of the relief of Mafeking to the town. The Railway Tavern was the first place to hear the latest news or gossip. During World War II the American Camp kept the station busy as did the supplying and storing of vital supplies. The delivery of Bren Gun carriers arrived for manoeuvres an exciting event, as was the Coldstream Guards marching through Kington from the station.

Many passengers would travel daily to their work or on a family outing up into the hills for winberry picking with a picnic, for some, the first time to leave Kington. There was the “sheep special” trains for the annual sheep sales at the Little Butts, not forgetting horse boxcars for Horse Show days. The Old Radnor Trading Company had an office at the station.

I am sure if the railway was still here today, the quarries would be using it to transport their goods. All that is left now is the Station Master’s house, with the waiting room on the end, now a private dwelling and another railway building all sturdily built

Wendy Jones



DEVELOPMENTS IN PRIMARY CARE AT KINGTON MEDICAL PRACTICE AND AT THE SURGERY

Part 2 Other services based at and/or provided at the surgery

Many of the additional services we have at the surgery are provided by NHS Trusts, most commonly the Wye Valley NHS Trust.

Services provided by Wye Valley NHS Trust

Physiotherapy	Community Nursing	Community Midwifery
Health Visitors	Parkinson's Clinic	Diabetic retinopathy Clinic
Podiatry	Leg Café	Book an appointment 01544 230 302
Multiple sclerosis clinic		

Private Provision

Audiology

Patients can arrange to have their hearing tested at the surgery. This service is provided by Scrivens and as it is funded by the NHS is free of charge to patients. Patient funded hearing aids can also be fitted.

The removal of ear wax, which is no longer funded by the NHS can be arranged privately with Hearwell.

Contact details: Scrivens 0800 626 427 Hearwell 01432 623 090

Patient Participation Group

The PPG are delighted to welcome two new members, Gill Kantolinna and Suzanne Hughes. They are both stalwart volunteers at the vaccination clinics at the Surgery and in Leominster.

On the subject of the PPG, I'm sorry to tell you that I am resigning from the PPG at the end of July. My health is deteriorating and the simplest tasks take an inordinate amount of time to complete. One of the most frustrating things about the long term effects of Parkinson's is that medication suddenly cuts out. I can be in the middle of writing a birthday card for example and with no warning suddenly I can't write! I feel I need to spend more time with friends and family and in managing my Parkinson's and that the arbitrariness of the condition mitigates against this. In short – something's got to give!

When I was diagnosed with Parkinson's in 2009 the support for people with Parkinson's in Herefordshire was truly second to none – the clinicians worked very closely with the voluntary sector and there were lots of support groups for various activities and occasional education days to help us to keep abreast of developments in diagnosis and treatment. The covid pandemic has hit services for people with Parkinson's very badly. Some of the local groups have now restarted but I feel that for many of us our confidence has taken a bashing!! Dr Wales at Hereford Hospital is doing her best to reduce her waiting list for diagnostic appointments but I understand there are still significant pressures on the service. Now that I have more time I would be very happy to meet with fellow sufferers, especially those who have recently been diagnosed, if an informal chat would help. Email Kay.Birchley@gmail.com Sincerely, Kay Birchley

The Kington Email address Kington.PPG.Chair@gmail.com will be transferred to the new Chair when appointed. Meanwhile I am happy to forward any correspondence.

DEVELOPMENTS IN PRIMARY CARE

PART 3 ; NORTH AND WEST HEREFORDSHIRE PRIMARY CARE NETWORK (N&WPCN)

N&WPCN comprises Kington Medical Practice along with:

Mortimer Medical Practice and Ryeland Surgery, both in Leominster,
Weobley and Staunton on Wye Surgery and Tenbury Wells surgery

Dr McCaffrey is the clinical director for the network. Practices in the network are supported by Additional Roles Clinicians. These clinicians are funded and appointed by the Primary Care Network (PCN), and work across the network to support Practices to expand existing services and promote new ones. Given the shortage of GPs, they also aim to “free up” GP time to enable GPs to prioritise the work that only GPs are qualified to do. Additionally they facilitate provision of local services to patients which is especially beneficial to rural communities. Some of these Additional Roles are:

- First Contact Physiotherapist (clinics on 2 mornings a week, Patients may self refer)
- Physician Associate (Dave Harper, Patients may self refer)
- Pharmacy Technicians
- Clinical Care Coordinators – Safe guarding

The following professionals are part of the WELLBEING TEAM

Clinical Co-ordinator for children and young people

Care co-ordinators - The Wellbeing Team

Care Co-ordinator - Care home and Palliative Care Social Prescribers

Clinical Care Co-ordinators – Safeguarding Health and Wellbeing Coaches

Dietitian Mental Health Support Worker Occupational Therapist

Patients may be referred to these services by the Practice clinicians or, if appropriate, may be signposted to these services.

In my view this holistic approach to patient care, with a focus on much needed co-ordination between health and social services provision, is a very positive development. I also very much welcome the emphasis on patient self management and social prescribing which are key for those, like myself, who have long term, currently incurable, medical conditions. If you would like further details re the Wellbeing Team, please email me and I will email you a poster.

OTHER NEWS FROM THE PRACTICE

The GP Federation for Herefordshire, “Taurus”, is looking to provide extra acute capacity through a service called Herefordshire Remote Health. Telephone or video appointments can be booked. The doctors have access to patients’ records when consulting with patients and can prescribe, organise investigations or referrals, and/ or liaise with the Practice team as needed .

On alternate Sundays at the surgery, Taurus also hold a clinic with Nurse and GP appointments, which are particularly useful for patients who work or have young children and find it easier to have their appointments when family are around to look after the little ones. These appointments are also helpful when older patients need to attend with a family member who works in the week. Telephone, video, or face to face appointments can be booked with the Practice Reception team.

The Practice has now been approved to train qualified doctors to become GPs. These GP specialist trainees will be supervised and supported by Dr Obi Ohakanu. The Practice also supports the education of future doctors by hosting medical students in their 3rd and 5th years for general practice placements. The medical students are supervised and supported by Dr Daryl Mohammed.

Kay Birchley

News from Theodora

Before you read the next thrilling instalment of the Grand Tour of 2008 I will just tell you about our most recent canal experience. Linda Macdermott, our ex curate, obligingly got her first vicarage in Alveston which is only two miles from Stratford on Avon and Stratford on Avon is at the end of the Stratford on Avon Canal. "Goody" said I as soon as I heard the news, "We will use Theodora for our transport". This we did and it was good and it was neither hot nor wet but entirely lovely and we met the members of the delegation from Kington who had to travel by road, and had a good time. On with the trip...

An Unrecorded Disappointment 27/10/08

One of the highlights of the trip as recounted in my last was the transit of the Pontcysyllte Aqueduct. One of the reasons that I had particularly looked forward to this is related to Theodora's cooling system. She is raw water cooled with a wet exhaust which for the present discussion means that a squirt of water shoots out of the exhaust pipe every couple of seconds. This means that the exhaust pipe is water cooled and can be made of rubber rather than the insulated steel on more modern canal boats. Enough of the technicalities and on to why I found it so disappointing. You will recall that this aqueduct consists of a series of cast iron troughs bolted together and balanced on the top of stone piers. The water level is close to the top of the trough and I had looked forward with eager anticipation to the squirts of water going over the edge of the trough and providing the grazing cattle 120' below with a shower which moved in a straight line. No such luck. The side of the trough was too high. Thomas Telford was a spoil sport. So there! The disappointment is duly recorded.

Travelling down the Llangollen is much quicker than up because it is used for transporting water from the Dee to the Hurlston Reservoir which feeds some big cities. We soon arrived at Frankton Junction and turned right on to the Montgomery canal. The restoration of the Montgomery is not yet complete but we were able to do rather more of it than we did on our silver wedding trip a few years ago. We stopped at the current limit of navigation at Maesbury and went on a bike ride down to the Vyrnwy aqueduct. The bike ride was very nice and the weather was lovely but for reasons that are lost



on me seven stiles have been installed across the towpath and lifting the all steel made in Nottingham bicycles was hard work for pensioners. Grit and determination prevailed and we achieved our destination and, more importantly, the return. The following day we went on a lovely walk around Maesbury and visited St Winifred's well. All very nice.

We left in a gale in the afternoon. We really are on the way home now. But not too quick. I will not spoil the suspense by telling you the route. This evening finds us on the Shropshire Union at the bottom of Audlem locks. On the way here we visited the Hack Green nuclear bunker and had an interesting, if somewhat chilling insight into the effects of nuclear war.

Those of you of my generation will recall the tension of the 60's and 70's when nuclear war seemed all too likely.

That's all for this evening. No internet signal in these parts so this will have to go later.

28/10/08

We are getting the weather that the meteorological office promised: rain followed by sleet followed by snow. So we have moored up and are waiting until things improve a bit. We will need to move on because the morning was spent working up the fifteen Audlem locks. This meant that the engine was on tickover for much of the time and battery did not get charged very much. We could start the engine and run it out of gear for an hour or two but this is very noisy and wasteful so we will move on when we can.

I am sure that you will be asking how we entertain ourselves when we are not moving. The answer at the moment is that I am writing that which you are presently reading and Margaret is doing the washing. The log burner is keeping us cosy by burning logs and producing caloric fluid in quantity complete with a little smoke for scenic effect. One thing that impresses me about this particular log burner is that you can put it out by closing down all of the draught. You then get left with the unburned fuel which you can light again when you feel cold.

The route home will be, as long as there are no unexpected stoppages, south along the Shropshire union canal to Autherley Junction, then further south along the Staffs and Worcester to Stourport on Severn, then even further south on the River Severn (assuming that it is not in flood then) to Diglis. After that we start moving north east along the Worcester and Birmingham Canal to King's Norton, south east along the North Stratford to Kingswood Junction, east along the Grand Union to Norton Junction and then N up the Grand Union, Leicester Arm to the Soar and then home! We should not get back to Thurmaston before the 20th because that makes the mooring fees correct.

1945hr We set off after the snow turned to light rain which then stopped and we had a lovely run up the Adderley locks. It was quite busy, it being half term and we met lots of cheerful families not in the least bothered by the cold and wet. One eleven year old was making snow or, rather, slush balls to throw at the boat (not Theodora) with his bare hands! The country around here is very attractive and looked very good under a covering of snow thin enough to show some of the grass.

We stopped boating at about 1730 and read and listened to the radio for a while until it was time to have a full English breakfast minus the cornflakes and toast for dinner. Isn't life good?

At the moment I am listening to a Schubert concert on Radio 3 and Margaret is practising painting in readiness for another set of roses and the odd castle.

Still no internet signal this evening so this will have to wait even longer. I suppose we are still a bit in the wild west over here.

30/10/08

At last. It seems that the internet is working and I can send this before it gets any longer...

Traa for now.

Nick



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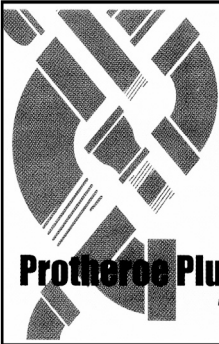
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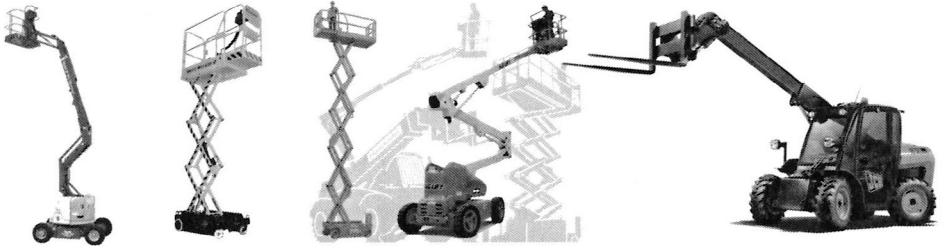
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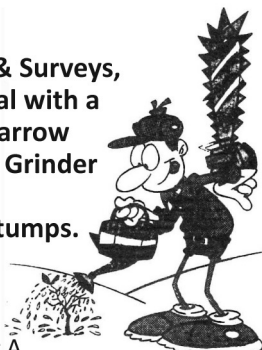
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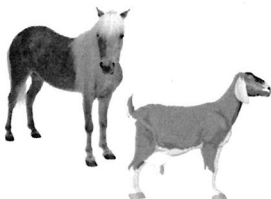
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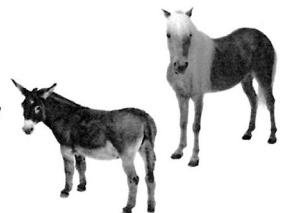
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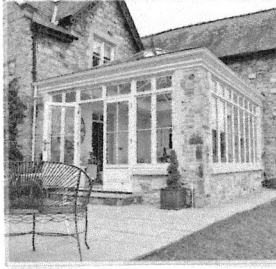
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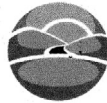


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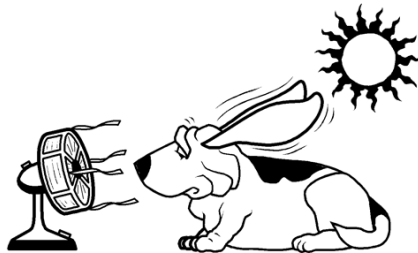
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Sat 6th Aug 9am	Triples Tournament at Kington Bowling Club
Wed 10th Aug 9am	Kington WI coach trip to Aberystwyth
Fri 12 Aug 11am - 2.30pm	Messy Church Activity Day at St Mary's Church
Sat 13 Aug 2pm	Titley Village Fete and Dog Show (2.15pm)
Mon 15th Aug	Cut-off date for September Parish News
Wed 17th Aug 12.30pm	Community Lunch at the Parish House
Thu 18th Aug 7.30pm	Horticultural Society meeting at the Masonic Hall
Sat 20th Aug 9.30am - 3.30pm	Art & Craft Maket at Kington Market Hall
Thu 25th Aug 7pm	Walk & Talk through Huntington village
Sun 28th Aug 2pm/5.30pm	Walk, Pizza & Pudding event at Huntington



MATERIAL FOR THE SEPTEMBER 2022 PARISH NEWS

by

15th August please

to

The Parish News Editor

Arrow Weir House, Kingswood Road, Kington HR5 3HD

or email: freda@sparkiesofkington.com

Note: The cut-off date is always the 15th of the previous month