

# Parish News

*Kington, Huntington & Titley*

*February 2022*



# SARGEANTS BUSES FOR KINGTON

FROM 3rd September 2020

email: [mike@sargeantsbros.com](mailto:mike@sargeantsbros.com)  
Tel : 01544 230481

Mill Street, Kington  
Herefordshire  
HR5 3AL

**HEREFORD** 461 via Lyonshall 462 via Eardisley  
Journey times vary Kington to Hereford approx 65minutes

## Departs Mill Street Car Park, KINGTON

	461	461	461	461	461	461	462	461	461	461	463
Mon-Fri	0645	0720	0850	0950	1050	1150	1250	1350	1450	1540	1710
Saturday	-	0720	0850	0950	1050	1150	1250	1350	1450	1540	1710

## Returns Railway Station, HEREFORD

	461	461	462	461	461	462	461	461	Sat/Hol	Sch	461	461
Mon-Fri	0748	0900	1000	1100	1200	1300	1400	1500	1600	1615	1700	1815
Saturday	-	0900	1000	1100	1200	1300	1400	1500	1600	-	1700	1815

## LLANDRINDOD WELLS

### Departs Mill Street Car Park, KINGTON

	461	461	461	461	462	461	461	462	461	461
M-F Coll Days	0600	0750	1010	1110	1210	1310	1410	1610	1735	1810
M-F Coll Hols	-	0750	1010	1110	1210	1310	1410	1610	1735	1810
Sat	-	0750	1010	1110	1210	1310	1410	1610	1735	1810

### Returns from Railway Station, LLANDRINDOD WELLS

	461	461	461	462	462	461	463	462	461	461
M-F Coll Days	0638	0900	1108	1208	1308	1408	1600	1708	1808	1850
Sat & Coll Hols	-	0900	1108	1208	1308	1408	1605	1708	1808	1850

## KNIGHTON Route 41

### Departs Mill Street Car Park, KINGTON

M - F	0610	0820	1010	1210	1520	1730
Sat	-	0820	1010	1210	1520	1730

### Departs Bus Station, KNIGHTON

M - F	0642	0911	1111	1307	1617	1805
Sat	-	0911	1111	1307	1617	1805

## TOWN SERVICE

Tue & Fri Arrives Serves all areas of Kington  
DOCTOR'S SURGERY 10.02 & 11.20

## ARROW VIEW

Tue & Fri Departs Kington Museum 9.20 11.15  
Departs Arrow View 9.30 RQ

TIMETABLES FOR ALL SERVICES AVAILABLE ON MOST BUSES  
& OFFICE IN MILL STREET

Also available on [www.sargeantsbros.com](http://www.sargeantsbros.com)

# THE KINGTON PARISHES



St Mary, Kington St Thomas a Becket, Huntington  
St Stephen, Old Radnor St Mary, Kinnerton St Peter, Titley  
[www.kingtonparishes.org.uk](http://www.kingtonparishes.org.uk)

## CLERGY

Rev Ben Griffith The Vicarage, Church Road, Kington HR5 3AG 01544 230525  
Vicar's email: [vicar@kingtonparishes.org.uk](mailto:vicar@kingtonparishes.org.uk)  
Parish Office email: [office@kingtonparishes.org.uk](mailto:office@kingtonparishes.org.uk)

## ASSISTANT CURATE

Rev Linda MacDermott 5 Gravel Hill Drive, Kington, HR5 3AE 01544 239395  
Email: [lindamacdermott@icloud.com](mailto:lindamacdermott@icloud.com)

Rev Denis Parry 33 Mill Street, Kington HR5 3AL 01544 230550

Rev Tony Jardine 9 Park Green, Kington 01544 239160

Rev Paul Buckingham The Cottage, Prospect Lane, Kington HR5 3BE 01544 231357

## READER

Rob MacCurrach 33 Cutterbach Lane, Kington, HR5 3EH 01544 231848

## CHURCHWARDENS

Kington Miss Ann Edwards 01544 230271  
6 Headbrook, Kington HR5 3DZ  
Mr Rodney Bowdler 01544 231501  
Bridge House, Bridge St, Kington HR5 3DW

Huntington Mrs Christina Powell 01544 370655  
Upper Hengoed, Huntington, Kington HR5 3PQ  
Mr Peter Kelly 01544 370266  
Greenfield Farm, Huntington, Kington HR5 3PZ

Old Radnor Mr Michael Jones 01544 370259  
Weythel Farm, Old Radnor, Presteigne LD8 2RR  
Mrs Rosemary Watkins 01544 230174  
Dunfield Bungalow, Stanner Rd, Kington HR5 3NN

Kinnerton Mrs Ruth Jones:  
Upper House, Kinnerton, Presteigne, LD8 2PE 01547 560207  
Mrs Sue Thompson  
Court Farm, Kinnerton, Presteigne, LD8 2PE 01547 560333

Titley Mr Dick Allford 01544 231052  
Pincroft, Titley, Kington, HR5 3RL

## MAGAZINE EDITOR

Miss Freda Lymath [freda@sparkiesofkington.com](mailto:freda@sparkiesofkington.com)  
Arrow Weir House, Kingswood Rd, Kington HR5 3HD 01544 231780

St. Mary's, Kington PCC is a registered charity and its number is 1185453

## Letter from the Archdeacon

As I write this, it is 'blue Monday'. A university professor managed to precisely calculate which day is the most depressing one of the year! This is apparently the third Monday of January every year and it has been given this accolade due to a combination of cold dark nights, the sense that Christmas is over and the arrival of credit card bills with our Christmas spending!.

By the time most people read this, it will be a distant memory, but as I talk to people after two years of the COVID pandemic, there is a level of uncertainty and anxiety, which fuels a sense that our world is out of control. It can feel much the same in church with numbers and activities curtailed in many places and recovery feeling very fragile. Uncertainty in our lives can make us all feel somewhat anxious about the future, and when we feel that we are not in control, that can lead to worry and doubt. Jesus reminded his disciples that God understood their needs.

*"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?"*  
Matthew 6:25-27

Jesus teaching is very simple as his followers are to live simply a day at a time and recognise that whatever our circumstances, his love and mercy offer hope for the future. We are called to look for the Kingdom to find those places where God is at work in our world and join in. Even when we do not feel we have anything to offer or the gifts and skills to make a difference, we can pray, and our presence can be a calming influence.

We also need to recognise that ultimately we are not in control. If we call ourselves Christians, then we have voluntarily passed control of the direction of our lives over to God. The Holy Spirit lives within each of us to equip, empower and sustain us on the journey of faith and to be a guide for daily living. Paul understood better than most what trouble and anxiety mean, yet he wrote one of the most encouraging passages in the New Testament.

*"For I am convinced that neither death nor life, neither angels nor heavenly rulers neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."*

Romans 8:38-39

Given that God cares for us so much, we need not doubt that there is a better future, and our role is to point people to the hope that is within us. We all feel 'blue' from time to time, but it will never overcome our hope in Jesus, as Peter tells us in his letters:

*"But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect,.."*

1 Peter 3:15

Ven Derek Chedzey

## View from the Vicarage

### Jubilation for a Jubilee

*Dear Friends,*

Due to the variable dating of Easter, it's not uncommon for February to include within it the beginning of the six weeks of Lent. I can remember occasions in the past when Candlemas Day on February 2nd was less than a week before Ash Wednesday.

This year, however, with Easter not falling until the middle of April, we've got the whole of February before Lent begins on March 2nd. I'm pondering what some of us will be eating on St. David's Day/Shrove Tuesday: ever tried a Bara Brith pancake?

Apart from St. Valentine's Day on 14th, February this year is not devoid of significant events because, of course, February 6th is the 70th anniversary of Her Majesty the Queen's accession to the throne, a remarkable achievement and a significant milestone in the long history of our country and the Commonwealth to both of which that quite remarkable woman has dedicated her life with unstinting devotion as she promised she would on her 21st birthday.

I don't think that it matters greatly what our personal attitude to the monarchy and its survival or not, actually is. You may be an ardent monarchist or an equally committed republican, or you may not greatly care one way or the other. You may believe that to retain a monarchy is anachronistic and anti-democratic or you may wish to retain it for it's astounding ability to attract overseas visitors and their spending power. In many cases these are from countries which have abolished their own monarchies or in the case of our American cousins who seem bewitched by the British Royal Family citizens of a country which actually abolished ours as the US Constitution makes abundantly clear!

Whatever your opinion and however that is influenced by the behaviour or misbehaviour of members of the Royal Family, somehow or other, for seventy years Queen Elizabeth II has managed to rise above it all and remain a beacon of stability, of dedication, of commitment and untiring devotion to duty for longer than many of us have been alive and that is, it seems to me a quite remarkable achievement.

For me it is a profound source of relief that at the pinnacle of this nation and the Commonwealth for all of those years has been a woman of profound Christian faith which she is unashamed to share, a woman who proves the validity and incalculable value of the faith she holds which guides and informs her action by the way she lives her life.



It seems to me that we would find it difficult to identify a more globally well-known or recognisable advertisement not just for Christianity but especially for the Church of England than HM the Queen.

Alongside so many others, I am deeply impressed both by her simple quiet dedication and determination over so many years through the multitude of crises and controversies she's had to negotiate but particularly for that quiet, undemonstrative and resolute faith which guides and undergirds all of her actions.

We may, as a country, lack some of the glamour, prestige and power of the past. We may not possess the political, military and economic muscle of the contemporary global powers but we have in Queen Elizabeth II had surely the most outstanding head of state of any of those who've lead other countries through the incredible 70 years since 1952. Irrespective of my own constitutional ideas or preferences, I shall say with considerable thanks and appreciation "God save the Queen" not just on February 6th but well beyond it.

With my love and prayers as always

*Ben*



### Praying the alphabet

For the month of February we are praying the letter I. We immediately thought of infections. As Covid still lurks we pray that more people will get vaccinated and that infections will decrease. We pray for people who live on islands, for insects, for Italy, for innovators and for our own inlaws. We pray for inventors who are working on future drugs. We pray for ourselves, that we might be inviters. That we may be welcoming and inclusive in all our dealings.

In the second week in February it is St Mary's turn to host the Deanery prayers. We will meet in the Vaughan chapel on February 15th 11.30. All are welcome.

If you would like anyone to pray for you or with you contact Rev Ben 01544 230525 Rev Linda 01544 239395 or Trish 01544 231848

## Kington Parishes Service Schedule for this month

*Dependant on Government announcements,  
please see our website for up to date information.*

All services in Kington marked \* below will be available via livestream at:  
<https://www.youtube.com/channel/UCho108zE6VUpNGQAmmfA9OA>

### Sunday 30th January: The Presentation of Christ / Candlemas

*Malachi 3.1-5 Psalm 24 7-10 Hebrews 2.14.18 Luke 2.22-40*

10.00am Group Eucharist Huntington

### Sunday, 6th February: Fourth before Lent (HMQ's Accession)

*Isaiah 6.1-8 Psalm 138 1 Corinthians 15.1-11 Luke 5.1-11*

8.30am: Holy Eucharist: Titley

10.00am: Holy Eucharist: Kington

11.30am: Holy Eucharist: Kinnerton

6.00pm: Evening Prayer: Old Radnor

### Sunday, 13th February: Third before Lent (Septuagesima)

*Jeremiah 17.5-10 Psalm 1 1 Corinthians 15.12-20 Luke 6.17-26*

8.30am: Holy Eucharist: Huntington

10.00am: Holy Eucharist: Kington

11.30am: Holy Eucharist: Old Radnor

6.00pm: Evening Prayer: Kinnerton

### Sunday, 20th February: Second before Lent (Sexagesimal)

*Genesis 2: 4b-9, 15-end Psalm 65 Revelation 4 Luke 8: 22-25*

8.30am: Holy Eucharist: Kinnerton

10.00am: Morning Praise: Kington

10.00am: Holy Eucharist: Titley

5.00pm: Evensong: Kington

6.00pm: Junior Praise: Old Radnor

### Sunday, 27th February: Next before Lent (Quinquagesima)

*Exodus 34.29-35 Psalm 99 2 Corinthians 3.12-4.2 Luke 9.28-36*

10.00am: Holy Eucharist: Kington

11.30am: Holy Eucharist: Old Radnor

6.00pm: Evening Prayer: Huntington

6.00pm: Evening Prayer for St David: Kinnerton

\* services live-streamed

## Kington Community Car Share Club

Part of the Solution - Enjoy KLEEN\*, Fossil Fuel-Free Electric Driving



### Introducing the 2017 Renault Zoe- Fully Electric Car:

#### The most popular second-hand electric car in the UK

- Reserved Parking – in a dedicated place on Love Lane Car Park
- Public Charging at Mill Street – BP Solar phone App. or card kept in car
- Mileage Range – in Winter c.150 miles & in Summer c.200 depending ....
- Key Access – punch code to an external key-box mounted on the driver's door

#### Household Membership - available to all drivers, over-25years, including visitors!

- Cost - £20 registration fee & £7.50 monthly subscription
- Monthly Bills – charges for time & mileage vary with fuel prices (see website)
- Membership Includes – Tax, Insurance, Recovery, All Maintenance & Repairs

#### Prices are kept as low as possible - it's not for profit and run by volunteers

- Log-In & Password – access to the simple online booking system

#### Interested in Joining?

We will need to check the Driver's License, driving and any accident records for you and any additional people in your household who want to be able to drive.

Speak to Richie Cotterill, Jon Cooke or Gordon Coppock  
email [kingtonkleen@gmail.com](mailto:kingtonkleen@gmail.com) & visit [kingtonkleen.org.uk](http://kingtonkleen.org.uk)

\*Kington Local Environment & Energy Network = KLEEN

*Supported by grant funding via Herefordshire County Council & those wonderful people at Malvern Hills Car Club which has grown to have more than 170 members with 20+cars!!*

## Kington Community Lunch



**12.30pm  
Wednesday  
16th February**

If you would like a hot meal and company please join us at the Parish House.

## Kington & District Community Shop this month

Feb 1-8	CLOSED
Feb 9-15	Radnor Valley Young Farmers
Feb 16-22	St.Bede's RC Church
Feb 23-1 Mar	Kington, Arrow Vale & Radnor Races



## St. MARY'S CHURCH, KINGTON



Christmas seems a while ago and thanks were expressed to those who had decorated the Church so beautifully for Christmas in the January Parish News. We enjoyed welcoming those who supported our various services over the festive time and offer special thanks to Choirmaster, Phillip Sell and the Choir for all the music they provided. How good it has been to hear our bells ring out from the tower on various occasions too.

The lighted Memory Tree was a welcoming beacon to St. Mary's and we do thank all who contributed to this by buying stars to hang from its branches. The sale of those, together with donations, enabled us to send a donation of £150 to St. Michael's Hospice and put a similar sum into St. Mary's General Fund. For this we are grateful as, of course, fundraising events have not taken place during the pandemic.

Our lych gate became the stable in Bethlehem again and thanks go to all involved in setting this up. It was planned to hold the Crib Service around the stable but pouring rain on Christmas Eve led to the service being held indoors. We thank the Rev Lynda for leading that and all who played a part in it.

We hope that soon Messy Church will be up and running safely again and also that we shall be able to restore fellowship times such as coffee after a Sunday Service, in the not too distant future.

We shall be celebrating Candlemass at a Group Service at Huntington this year and soon our thoughts will turn to Lent and Easter. How time flies.

Currently the Community Shop is under way and we hope to make up some of the deficit to the General Fund in this way. We thank all who have given some splendid items for sale and also given of their time to do duty in the shop. As I write this we open tomorrow and we hope that we can look forward to a successful week (despite the scaffolding !) and we look forward to welcoming customers.

We were sad to learn of the death of Geoffrey Treasure, an inspirational friend of St Mary's for many years and are pleased that plans for a Memorial Service at St Mary's are being discussed.

As a new year begins we should like to thank Jean and Frank Williams and Margaret and Nick Cooke and Eileen Thomas for their care of the Garden of Remembrance. Your work there is much appreciated by many.

You will be pleased, I am sure, to know that Rodney is home from hospital, and I am sure that you will wish to join with me in wishing him well.

I should like to take this opportunity to say thank you to the kind person who left, without any indication of who they were, a cyclamen on my doorstep at Christmas. It is doing well so I hope the donor is a reader of the Parish News and will know that the kind thought is appreciated.

Covid is still around so take care, keep safe and my good wishes to you all.

*Ann Edwards.*

## More Journeys in Jane Mark III

Following our adventures on Christmas Day, I ended up on Boxing Day with 'flu and took to my bed!

Several days later, Sonia's brother Tony (an excellent mechanic by trade) came to my rescue. We removed the radiator, along with the engine and discovered the cause of the engine seizure. As per usual, it was a million to one chance that caused the calamity. A small copper pipe that screwed into the clutch thrust pad came loose and jammed itself between the fly wheel and the crank case. A small flap at the top of the gear box housing gave access to this pipe, allowing a few drops of oil to lubricate the mechanism. The pipe was eased out from the flywheel and the engine was freed up. We decided that we would not replace the offending copper pipe.

I see from my log book that the repairs cost 4/- (40 new pence) for a head gasket and 8 pence for core plugs, plus sweat and tears. We were back on the road on the 2nd January 1966, just in time to return home and start work in the grocery store.

Most week ends during the vacation were spent in Tangmere, and travelling in Jane passed without any untoward incidents. However, the same could not be said about the journey from Birmingham at the end of term. On the last day of term, I discovered a flat tyre on the driver's side rear wheel. No time for a repair, so I set off for Tangmere on the Friday afternoon. Arriving without mishap I explained my dilemma to Sonia. It so happened that the garage where her brother worked operated a weekend service for petrol and repairs. On Saturday morning I took the wheel with the punctured tyre to the garage. The mechanic on duty happened to be 9as I found out later) and idle fellow. I asked for the puncture to be repaired and said I would call back on the Sunday morning, as I needed the car to travel home to Old Sodbury.

I called back to collect the wheel and the repaired puncture on Sunday afternoon to discover the work had not been carried out. The excuse given was that he could not remove the valve retaining nut because of paint on the valve stem. Not feeling very happy, I thought I have travelled from Birmingham to Tangmere with a punctured spare, another 105 miles should be a doddle- WRONG!!

I set off from Old Sodbury in the a dark and arrived at Bramdean. It was raining and there was a strong headwind. As I reached the brow of the hill the car was blown against a drainage pipe set in a single raised kerb stone. Result one pinched front near side tyre resulting in a puncture. Attempts to carry out a roadside repair failed miserably leading to a night trying to sleep in the back of an Austin 7.

Next morning, at around 8:30am, I walked down into the village and knocked on the door of a shop compost office and garage. A good lady came to the door and I explained my plight. She quickly led me into the kitchen and gave me some toast and a steaming mug of hot chocolate (shades of the past in the Flying Flea on a winters day). She explained to me that the mechanic would be in shortly and would take care of the car. I was to stay by the fire and warm up. I was most grateful for the kindness and hospitality shown. The mechanic arrived, mended both punctures and I set off home. Arriving late for work the staff were always wanting to hear the latest saga...much laughter followed.

*Tony Jardine*



When I was a young girl attending Sunday school at our Church, we gave a concert for the congregation. The following was a poem I learnt and recited. Where have all the years gone!

*Lesley*

### Somebody's Mother

The woman was old and ragged and grey  
And bent with the chill of the winters day  
The street was wet with the recent snow  
And the woman's feet were aged and slow.  
She stood at the crossing and waited long  
Alone, uncared for amid the throng  
Of human beings who passed her by  
None heeded the glance in her anxious eye.

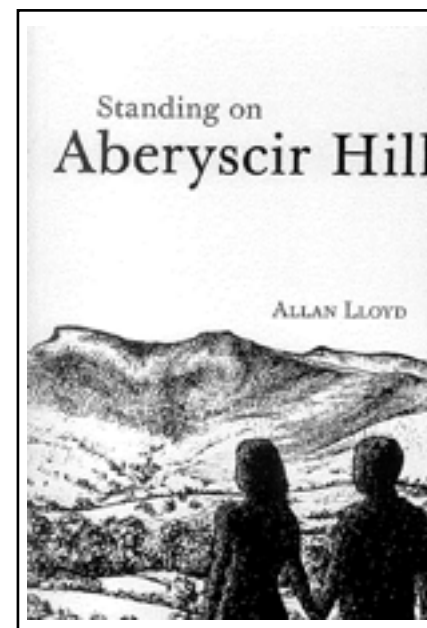
Down the street with laughter and shout  
Glad in the freedom of school let out  
Came the boys like a flock of sheep  
Hailing the snow piled white and deep.  
Past the woman so old and grey  
Hastened the children on their way  
None offered a helping hand to her  
So meek so timid afraid to stir  
Lest the carriage wheels or horses feet  
Should crowd her down on the slippery street.

At last came one of the merry troupe  
The jolliest laddie of all the group  
He paused beside her and whispered low  
I'll help you across if you wish to go.  
Her aged hand on his strong arm  
she placed . so without hurt or harm  
he guided the trembling feet along.  
Proud that his own were firm and strong.

Then back to his friends he went  
The young heart happy and well content  
She's somebody's mother boys you know  
For all she is aged and poor and slow  
And I hope some fellow will lend a hand  
To help my mother you understand  
If ever she's poor and old and grey  
When her own dear son is far away.

And somebody's mother bowed low her head  
In her home that night the prayer she said  
was God be kind to the noble boy  
who is Somebody's son and pride of joy.

*Anon*



This is the story of a life that began in 1936, when the past was another country. It tells of joys and sorrows and loves in Wales and the border; of a life that took flight when he first discovered Aberyscir Hill as a somewhat adventurous ten-year-old.

It is the memoir of well-known Kington man, Allan Lloyd: school teacher, political activist, fund-raiser and family man, whose many notable achievements include spearheading successful campaigns to secure the radiotherapy and chemotherapy centres for Hereford Hospital, and the Kington bypass, but it is also a deeply personal account of a journey through life waymarked and defined by two extraordinary relationships.

The book costs £10, and all proceeds from its sale will be donated to St Michael's Hospice, Hereford.

For more information contact Allan by phone 01544 230408 or email: [allan.lloyd579@btinternet.com](mailto:allan.lloyd579@btinternet.com)

**Ram Pumps - Keeping the carbon footprint down:**

Ram pumps have been around for over 200 years and many were installed on farms locally. Sadly, most have stopped working or been replaced with an electric motor. But could there be a revival in this green energy source?

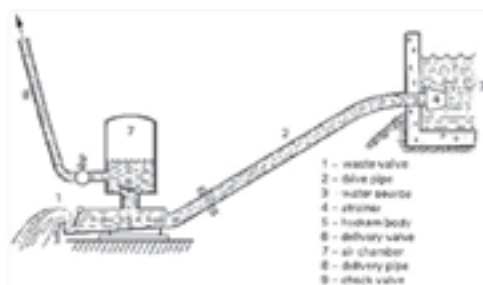


A reconditioned unit, supplied from Green & Carter (established in 1774) and installed at Greenfields has started pumping. It works by using energy from a quantity of water falling through a small height to lift a smaller amount of the same water to a much greater height. So from the stream, water drives down to the pump's intake to produce pressure. It passes a valve, pushes against a second valve in a pressure vessel and is then pushed back by the pressure into the delivery pipe, with excess water going back into the stream.



Peter at Greenfields says "The mechanics are really very simple with few moving parts. My interest was sparked by our neighbour John Bufton (at Penlan), after being shown the pump installed by him and his father 70 years ago. At the time it was still pumping 24/7 spring-fed water to his house.

Our water supply already comes from a borehole. However, being intrigued and with a stream running through our fields, I thought a use could be found to maintain the level of our pond, which slowly evaporates during the summer after the spring dries up. Once the pond level is reached, the overflow will take the excess water back to the stream, from whence it came. In addition, a branch pipe will be able to top up a tank in the vegetable garden, which will relieve the electric pump in our borehole. It is so satisfying to watch the continuous pulsating movement of a mechanical device and to know that only green and renewable energy is driving it".



Internal workings of a Ram Pump:

Peter would be happy to show the pump in action to anyone who is interested.

**Local Jam & Chutney**

The Jam stall in St Thomas a Becket church is still well stocked with a variety of jams, chutneys and marmalade made locally.

Susan Maiden



**The Feast of Candlemas**

Candlemas (also spelled Candlemass), also known as the Feast of the Presentation of Jesus Christ, or the Feast of the Purification of the Blessed Virgin Mary, is a Christian holiday commemorating the presentation of Jesus at the Temple.

It is based upon the account of the presentation of Jesus in Luke 2:22–40. In accordance with Leviticus 12, a woman was to be purified by presenting a lamb as a burnt offering, and either a young pigeon or dove as sin offering, 33 days after a boy's circumcision.

It falls on 2 February, which is traditionally the 40th day of and the conclusion of the Christmas–Epiphany season. While it is customary for Christians in some countries to remove their Christmas decorations on Twelfth Night (Epiphany Eve), those in other Christian countries historically remove them after Candlemas.

On Candlemas, many Christians (especially Anglicans, Methodists, Lutherans, Eastern Orthodox Christians, and Roman Catholics) also bring their candles to their local church, where they are blessed and then used for the rest of the year; for Christians, these blessed candles serve as a symbol of Jesus Christ, who referred to himself as the Light of the World.

*Parish Pump*

**KINGTON & DISTRICT HORTICULTURAL SOCIETY**



The next meeting is provisionally arranged for  
**7.30pm Thursday 17th February**  
(to be confirmed by 31 January)



**Winter Colour and Interst for your garden**  
with Duncan Coombs

**Venue: Masonic Hall, Headbrook**  
**All welcome - Subs are now due.**

## Tales from the chalk face (contd) :

I've always been a restless soul! Although I had been firmly set on the idea of being a teacher from my earliest times, I also had within me a call to Ministry which surfaced from time to time. These feelings of a 'calling' never went away and nagged away in the background.

I had first voiced this idea to my Parish priest at around the age of 12. In fact, when I first met Deborah and teacher training college, I had told her I wasn't certain I'd make it until the end of the course, as I wasn't sure I was preparing for the right career! I had been sent to a residential weekend when we lived in Germany aimed at exploring possible routes into Ministry. When we lived in Royston, I had initial discussions with the Director of Ordinands for St Albans Diocese. He wanted me to go forward to selection conference, but the Archbishop Benson job came up and stopped that plan. So, finally, I spoke to our parish priest in Truro and with his support I was rapidly shepherded through the selection process, attended a Bishops Selection conference a few weeks after, and was offered places at three colleges. After much discussion, it was decided that Deborah would carry on working as a violin teacher in schools across Cornwall. She would stay in our house with the two older boys, who were both working, and Lawrence, now 18, and I would go off for adventures at university. So, on the same day Lawrence started in Reading, I started full time theological training in September 2005 in Oxford.

My two years as an ordinand at St Stephen's House went very fast indeed. I became one of the house musicians. I was also the house gardener, and over-saw the work of fellow students when they did house duties on Wednesday afternoons. I was also lucky to be invited to sing with the Christ Church Cathedral Singers, and enjoyed that experience very much. That choir sang for all the services 'out of term time', including the big Easter and Christmas events.

For my first year I was on placement to the chaplaincy department at Magdalen College, and helped to lead Choral Evening Prayer every Monday, organised and led the university Taizé service, helped prepare some choristers for confirmation and led a discussion at one of the fellowship meetings.

I was also invited to go on a two-week Mission Project with six other students from other theological colleges. We went to lead a Lent retreat for the congregation of St Andrews Church, Moscow in Spring 2006.

In the Summer of 2006, I was due to have a residential placement to a church and community in Zimbabwe, but some serious political tension arose and the organiser arranged for me to transfer to South Africa. I was attached to the church of St Clement in Grahamstown. I would be staying with one of the lecturers of the theological college there. When I arrived, after a very long and interesting series of flights, I found that my mentor, the parish priest, was off sick. So, I was sent to work at the cathedral for the first three weeks. I got to attend Chapter meetings, to help lead elements of the daily services, and to conduct Morning and Evening Prayer. On one occasion, the organist was ill, so I played for a 'Festival Service, with a big choir, marimba band and various dancers.



I went with the cathedral clergy to visit people in their homes, the sick in hospital, and to speak to students in Rhodes University. I was enrolled as a visiting student and allowed to use their facilities.

I was in Grahamstown for two months. Before I left the UK for my trip, we had been experiencing a heat wave. I had been told to prepare for cold in South Africa, as it was winter there. They were right. It was bitterly cold there, and I recall looking out of my window the first morning to see thick frost on the roof of the Bishop's House, just below where I was staying. I also noticed a large strange looking bird, rather like a pea hen, which also emitted strange noises ...later to learn it was called a Hardi- dah.

Once the Parish Priest returned to work, I became very involved in the work she was doing in the townships., and extensions. We visited the sick, some very sick patients with AIDS and other terminal illness. One of the old ladies we had visited died. Then I experienced the way the whole community came to mourn at her home - filling every room and the garden. We sang and prayed for ages, as the dead lady was laid out on her bed. This continued every night until the day of the funeral.

During my second year, I was on placement to the homeless shelter in Cowley. I helped to prepare meals for those visiting the shelter, to do their laundry and provide them with fresh clothing and basic medical care. We had opportunities to play cards and games with the visitors, and as we did, to talk to them and support them, and to pray with them. It was very rewarding, but also very sad to hear some of their stories, and to learn of the things that had led them to be in such a situation.

I completed my training for ministry in summer 2007. But things didn't work out as I had thought they would, and so I returned home to Truro, with no job and with a lot of thinking to do.

*Philip Sell*



## National Sickness Day – 7th February

The first Monday in February has become known as 'National Sickness Day'. It is the day when we are most likely to ring in sick and depressed, with wintry weather, credit card bills and a long wait until the next holiday all catching up with us.

Post-Christmas blues, fear of a flu outbreak, and financial worries will hit up to 375,000 of us on the 3rd. The cost to the economy could exceed £32 million, according to business advisers ELAS, who warn "more bosses have drifted into accepting texts and emails as confirmation that staff will not be heading into work - making it easier for staff to get away with taking a 'duvet day'."

The Bible offers a better solution than staying under the duvet:  
*'Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise him, who is the health of my countenance, and my God.'* (Psalm 42:11)

*Parish Pump*



## What's on at the Cathedral

**Monday – Saturday**

**8 am – Morning Prayer**  
**10.30 am – Eucharist (8.30 am on a Saturday)**  
**5.30 pm – Evening Prayer or Evensong**

**Sunday**

**8 am – Holy Communion**  
**10 am – Cathedral Eucharist (this service is also live streamed)**  
**11.30 am – Morning Prayer**  
**3.30 pm – Evening Prayer or Evensong**

### EXHIBITIONS

#### All Things Bright: A thousand years of metalwork from cathedral and diocese

Monday 24 January to Saturday 23 April Monday to Saturday, 10am to 5pm  
 as well as its own metalwork treasures, the cathedral also cares for the historical silver no longer in regular use in churches in the Hereford Diocese. This exhibition shows some of the finest pieces from these collections. Normal admission charges apply

#### HCA Crafting the Cathedral Saturday 29 January to Saturday 26 February

Crafting the Cathedral is an exhibition bringing together contemporary craft artefacts, created and designed as a personal response to Hereford Cathedral by students from Hereford College of Arts BA (Hons) Contemporary Design Crafts and BA (Hons) Jewellery Design courses in the Cathedral Crypt. Free Entry, open during normal cathedral opening hours

### EVENTS

#### Living in Love and Faith - A 5 week course led by Revd Canon Chris Pullin

Sessions will take place on Mondays at 7pm - (Jan 31, Feb 7, Feb 14, Feb 21 & Feb 28)

What does it mean to live in love and faith together as a Church? Canon Chris Pullin will explore these questions when leading this Church of England course. This course is free to attend but advance booking is essential via the Library: [library@herefordcathedral.org](mailto:library@herefordcathedral.org) or call 01432 374 225/6

#### 'Notorious, but remarkably efficient, Gurney stoves' - A talk by Elizabeth Semper O'Keefe

Wednesday 16 February, 3 pm

Noticed by many visitors (especially in the winter!), the cathedral's Gurney stoves have been a feature since 1867. In this talk our Cathedral Archivist will look at the history of the stoves in the cathedral. Tickets cost £8 and can be purchased via the cathedral website

#### Half Term Family Storytelling: Mappa, Minotaurs and Mysteries

Tuesday 22 February & Thursday 24 February, 1pm – 2.15pm

Join the Hereford Cathedral team for stories about the Mappa Mundi, Minotaurs and other mysteries with colouring-in activities included. Children must be accompanied by a responsible adult. This event is free and can be pre-booked via the website or drop in on the day

#### Sketch a Gurney Stove – half day workshop with Iain Welch

Friday 25 February, 10 am - 12.30 pm

Join local artist Iain Welch as he leads this half-day workshop to sketch one of the cathedral's stylish and stately Gurney stoves. With contextual historical background provided by Cathedral Archivist, Elizabeth Semper O'Keefe. Tickets cost £25 per person (including all materials and a hot drink) and are available via the cathedral website

## Wordsearch for February

February opens with Candlemas – the naming of Jesus in the temple. Simeon and Anna praised God to see the promised Messiah, sent by a loving God to save his people. February also celebrates the love between men and women: Valentine cards and wedding fayres abound. 'Love' as in social compassion is also remembered: Fair Trade fortnight, Holocaust Memorial Day, World Leprosy Day, Education Sunday and National Nest Box Week.... Love is truly needed by everyone!

naming	nest box
Christ	marriage
Candlemas	wedding
Simeon	Holocaust
Anna	leprosy
temple	education
love	sunday
Valentine	
romance	
Matthias	
Fairtrade	
Fortnight	
coffee	
bananas	
chocolate	
justice	
poverty	



## A Bible quiz – of sorts!

- Q. Which servant of God was the most flagrant lawbreaker in the Bible?  
 A. Moses. He broke all 10 commandments at once.
- Q. Which area of Palestine was especially wealthy?  
 A. The area around Jordan. The banks were always overflowing.
- Q. Who was the greatest comedian in the Bible?  
 A. Samson. He brought the house down.
- Q. Which Bible character had no parents?  
 A. Joshua, son of Nun.
- Q. What kind of motor vehicles are in the Bible?  
 A. Jehovah drove Adam and Eve out of the Garden in a Fury. David's Triumph was heard throughout the land. Honda, because the apostles were all in one Accord.

## ST PETER'S CHURCH TITILEY NEWS

### Flowers and Cleaning.

We are short of people to help with the flowers and the cleaning of the church. If you could help please give Win a ring on 01544 267482 and she can include you on the rota. Even better if you could get a friend to come on with you. The more names we get the less the few of us have to do!



### Lent Lunch.

We are having a lent lunch in the Village Hall on Saturday 12th March between 12md and 2pm. Please come along and support this event. All proceeds from the lunch will go to help the work of St. Michael's Hospice.

### Queen's Platinum Jubilee.

As you all know that between Thursday 2nd June and Sunday 4th June the country will be celebrating the Queen's Platinum Jubilee. Ideas are sought from everyone as to how we in Titiley can celebrate this fantastic achievement. Please put on your thinking caps and if you come up with some brilliant ideas please let Dick know in the first instance so that a small steering committee can be formed to plan the village events. One idea is to permanently light the church after it looked so lovely at this year's Carol Service.

### End of an Era.

After nearly 25years Nicola and Steve from the Stagg have retired from The Stagg Inn. Over the years Nicola and Steve have been so supportive of the village always offering draw prizes or sponsorship. They always provided all the sandwiches for the Tea on fete day. During lockdown they kept us all going with mouth watering takeaways.

On behalf of everyone we wish them all the very best ,and welcome Shan who has taken over and wish him every success.

*Dick*

Easy Sudoku

		1	3	7			8	5
		3	8		1		7	
2			5				3	1
	4			8				9
			6		9			
7				5			6	
6	7				5			2
	5		9		8	1		
9	1			3	7	8		

18

Intermediate Sudoku

					6		8	
				5				
2		8		4		6		
3	9		1					
1		2				9		4
					4		6	1
		9		2		3		5
				3				
1		8						

## Not a Proper Gardener (Part 15)

Wassail is an Old English word of greeting, meaning Be well, or Be healthy. And at this time of year when apple trees are still asleep, it's an old custom to Go a- wassailing, taking the wassail bowl of spiced ale around the houses and down into the orchards at dusk to toast the old trees and carry out various superstitious acts like firing guns to frighten the evil spirits away. And a song like this would be sung. Here's to thee, old apple tree, Whence thou may'st bud And whence thou may'st blow, And whence thou may'st bear apples enow; Hats full and caps full, Bushels full and sacks full, And our pockets full too.



Our stored apples are ready now, so in January I concocted our own Wassail cup, slicing some up, peel, core and all into the slow cooker with lots of ginger, spice, nutmeg and a little cider, and at Epiphany we each had a draught of this delicious hot brew and later, when it had stopped raining, we took the dregs down to our very old apple trees and wassailed them, rather tunelessly singing this ditty. One of these trees we call the Jesse Tree, because apparently dead and largely hollow, it yet has a shoot which produces our best cookers. (See Isaiah 11, usually read as one of the Nine Lessons and Carols services.) Emma's been valiantly working to free Jesse from his thick cloak of ivy. There's also a poem by Robert Herrick called Twelfth Night which tells you more about wassailing.

Our stored fruit and veg all keep well, and there's still plenty of veg fresh in the garden: kale and purple sprouts and red cabbage, parsnips, and leeks preparing for St David's day. And in the greenhouse, Duncan spring cabbages coming on well and Emma's salads, some also in the long box we constructed against the garage at the start of the pandemic. And now in February I start sowing seeds including broad beans which I no longer sow in autumn, finding they do just as well sown now and without being drowned in wet winter weather. One novelty I may try, following one sent by my sister-in-law is to grow a loofah. The one included with her card, though only eight inches long, I am using in my bath.

Of course, Emma's birds, like Giles' double decker buses! are a great source of interest. There's a sparrow nesting, as last year, at a junction of guttering high up opposite the back door. We think it's been appointed by the flock as a sentinel, for when we slide the door open, she chirps loudly, letting them know that Emma may be putting out some food. And then there are two robin redbreasts, one laying claim to the back garden, the other to the front, and trespassers beware! Yet they are such friendly birds. The front one comes and looks through the drawing room window where Emma is working from home. He sings



19

so loudly, that a colleague on a video call asked her if she was working in the garden. Incidentally, At the top of the school steps I nearly trod on a fledgeling sparrow, a result, no doubt, of the exceptionally mild, even warm December; ten days during which we didn't see the sun!

Nevertheless, there's plenty to do by way of maintenance. While Emma was disrobing Jesse, Denis was relaying a short paving-stone path leading to the compost heaps where Giles was hard at work. The original path had been wrecked by the horseradish roots which had spread up under it. Would you like some?

*Denis Parry*

---

## Flicks in the Sticks at Brilley Village Hall

### **After Love (cert 12a) - Thursday 3rd February - 7.30 pm. £5**

Mary Hussain married young and converted to Islam, and lives quietly in Dover with her husband Ahmed, until she suddenly finds herself a widow. After his burial, she discovers that Ahmed had a secret life just 21 miles away, across the Channel in Calais. The shocking discovery compels her to go there to find out more, and as she grapples with her shattered sense of identity, her search for understanding has surprising consequences.



### **Minari (cert 12A) - Thursday 3rd March - 7.30 pm. £5**

A Korean-American family pursues the American Dream in 1980s rural Arkansas. David (a scene-stealing Alan Kim), a seven-year-old with a heart murmur, moves with his parents and sister from California to a mobile home in the countryside. There, his father Jacob plans to start a farm specialising in Korean vegetables, while his mother Monica frets about money. The arrival of Monica's mother from South Korea, certainly not the grandmother David had in mind, complicates matters further. Gentle, funny and moving, coloured by a child's viewpoint and based on director Lee Isaac Chung's own story, it immerses you in the experience of a family straining to balance dreams with survival.

### **Live performance**

#### **GreenMatthews present 'A Brief History of Music' on Saturday 12th February - 7.30 pm. £12**

A fun and fast-moving whistle-stop tour of Western musical history - beginning in the Middle Ages and ending up in the 20th century (and incorporating everything in between). The show combines the vigour of the medieval period, the musical intricacy of the Renaissance, the grandeur of the Baroque and the pomp and bombast of Victoriana. Add to that the wit of Blackadder and '1066 And All That' and the stage is set for a veritable musical feast!

<https://artsalive.co.uk/live-performances/show/?id=11217>

We look forward to welcoming you, but are currently limiting numbers for all Brilley performances so it is advance booking only. Please book and pay for your tickets online at [pay-brilley.co.uk](http://pay-brilley.co.uk)  
Note: Current government Covid-19 safety guidelines will apply. Facemasks are required to be worn at all times except when eating or drinking. Doors open 7pm. Bar will be open.

## *Reader Writes*

I found myself looking at a map of a Leicestershire village on a friend's wall; a small village surrounded by all those field boundaries, many of which would have been bulldozed by now to make arable cropping more efficient (ie lower cost). There was the cluster of village houses, but why was the church stuck out on its own apparently well out of the village? Of course, it was a plague village which pestilence had entirely destroyed! There are many such villages in rural England where an isolated church is surrounded by the uneven foundations of abandoned cottages.

The bubonic plague carried away tens of millions of people in its many episodes; and the flu epidemic that started in 1918 killed some 50 million. We are in just the 3rd year of the Covid pandemic with global deaths at only some 5 million so far. But we have the advantage of a century of medical advance, and most of us are willing and able to receive vaccination. Christians pray regularly and passionately for protection from Covid, but should we also face up to the idea of judgement?

Scientists seem consistent in pointing out that we are living beyond our means environmentally. We have squeezed our natural resources unsustainably and destructively. This pandemic will be followed by others, we have been assured. Our consumer way of life assumes, thanks to scientific and technical prowess, that we can enjoy for ever unlimited riches from the biodiverse natural world. We are in reality as wrong-headed and endangered as a King Canute. If we accept the biblical truth that the earth belongs to God, its creator, and if we admit that the world we have developed is deeply unjust, surely we are very much at fault?

Helpfully, the Greek word usually translated "judgement" is krisis. With the pandemic still raging and the global economy stuttering, we have an opportunity to take stock and reset. This is what crisis means; see the peril, see the alternatives and look at ourselves afresh. Judgement in this sense tells us the truth about ourselves. And for Christians God is recognised as consistently offering us the very best, whilst warning us of the consequences of greed and injustice. Or perhaps putting it another way, we are warned that the earth's natural resources and biodiversity, its people and their endless ingenuity, have spiritual consequences. Without God and a spiritual universe you would perhaps be sensible to look after yourself and your family without care for the consequences for future generations or for a mythical god.

As a Christian I trust profoundly in God's eternal arc of creation and judgement. I live in an age of crisis which offers a mirror for us to see the consequences of living wrongly and destructively. The growing genre of dystopian literature gives us plenty of disturbing images of what that Leicestershire plague village might look like in a 21stC version of abandoned suburbia; let's not go there! Jesus promised us that he would be with us always to the end of the age. We have no idea when that might be, but in the meantime there is work to be done and a crisis to engage with. If God is with us, his transforming power and guidance are offered us in abundance making what seems impossible possible.

*Robert MacCurrach*

## Music in New Radnor

It has regretfully been decided to cancel the planned February concert due to the problems of restricted numbers within the hall. It is hoped that the restrictions will be lifted in time for the March concert to go ahead as planned.

More details in next month's Parish News.



## Kington WI

Members enjoyed an excellent birthday lunch at the Burton Hotel on 12th January. Our next meeting will be on Wednesday 9th February at 2.30pm in Markwick Hall, when we shall have a social/activities afternoon.

Margaret Cooke

## A Word from St Hugh's

Encountering the natural world can lift the gloom of dark, wet, winter mornings. For many people a garden bird feeder serves the purpose well, and living where we do, we are surrounded by God's beauty in the countryside.

Modern lifestyles do have many things that visually might distract us from gloomy days. However, this month of 28 days gives ample time for the "fair maid of February" to reveal herself and lift our spirits. Yes, the Snowdrop!

This pure white gem copes with all varieties of weather and stays the course. Passing by a small Coppice we know will be carpeted with these flowers, we anticipate what will be, and so from early January we begin the vigil - expectant!

In due course we give thanks to God for the "holy mass of the snowdrops". Not only have they endured much, but have also given us so much joy.

Traditionally the snowdrop has become the flower of Holy Mary, Mother of God, seen to represent her purity, reminding us of what it means to be obedient to the Will of God. Observing their short stems and bowed heads, the flowers signify Mary's humility and for ourselves a sign of hope and optimism for the year ahead.

Cicely Mary Barker captures the spiritual heart of the snowdrop in her poem "The snowdrop fairy".

*Deep sleeps the winter, cold, wet and grey;  
Surely all the world is dead; Spring is far away.*

*Wait! the world shall waken; It is not dead, for lo,  
The Fair Maids of February stand in the snow*

These dainty flowers can have a spiritual impact and reveal God's splendour, leading to prayers, worship and thanksgiving for Christ the Light of the World as celebrated at Candlemass on 2nd. February.

Please feel free to contact us for specific prayers or queries about St. Hugh's.

Peter and Pauline Swain. Tel. 01544 230999. Mobile 07950 877916

Email: pandpswain@gmail.com



## What are little girls made of? Sugar and spice and all things nice.... and What are little boys made of? Slugs and snails and puppy dogs' tails...

My ministry in the Church in Wales was all based in one of those old rectories; big rooms, servants' quarters with separate staircase, large cellars, ill-fitting sash windows with plasticine and shutters, no central heating, just open fires and, thankfully, a Rayburn in the huge kitchen. There were outbuildings, and about an acre of garden, which included a water garden, overgrown but, I was told, once pictured on the cover of a Sutton seed catalogue. There had also been, now derelict, a large conservatory with underfloor heating. Well, to cope with the vast so-called lawn, we purchased a small flock of geese. These were adorable and excellent lawnmowers. And the eggs laid in Lent were wonderful for baking (and the shells for painting) and a bit much if boiled for breakfast.

And one day, when tackling such a gastronomic breakfast feast, I found myself asking, What is this lovely egg made of? These geese eat nothing but grass, supplemented with a handful of grain as needed, yet by some miraculous process they turn that into these wonderful eggs, not to mention into bodies, bones and feathers and beak and complicated innards.

It's the same marvel that the Bishop was touching on in his letter in the January Parish News. He was thinking about the seeds of plants relative to the Queen's Green Canopy Project, tree planting which, he says, acquires an urgent relevance in the light of the climate crisis. He reminds us that the complete blueprint for the established plant is in that tiny seed... Every detail is written in its DNA.. The seed is as much the plant as the tree is... So what is a tree made of? As we walked under one of my favourite three oaks alongside the footpath across the school field, I got Giles to look up at its huge branches, weighing many tons, and asked him that very question. What is this tree made of? "Ice cream" was his first suggestion, but eventually we got round to wood, wood such as he liked to help Joe the carpenter use at the Houghton Project before Covid put paid to that.

But then I asked myself a much more difficult question: What is wood made of then? What does this tree feed on? It doesn't eat grass and lay eggs, and it doesn't apparently have a mouth or a beak with which to eat soil, or there would be a huge crater where it had quarried it out. Well, part of the answer was recently illustrated in a leaflet produced for families and school children by the Woodland Trust. This listed half a dozen amazing facts about the work of a mature oak tree. It doesn't in so many words exactly say what wood is made of, but it gives some good clues. Water, of course, and help from fungi providing nutrients from the soil, but most importantly, from the huge quantities of carbon dioxide and other elements it absorbs from the air over hundreds, even thousands of years, each year exchanging that for enough oxygen to keep one person alive for a year.

We take so much for granted; it's only when you look up into that tree with seeing eyes that the miracle of what it actually is hits you.



## O Sapientia

O Wisdom, Consort, Friend of God most High,  
who span the universe most mightily,  
ordering chaos into harmony,  
make me a wise mind and a seeing eye,  
an understanding heart for humbleness,  
lest, joyous Spirit, wise beyond all telling,  
I fail to see yourself in all things dwelling,  
and all my wisdom prove but foolishness.  
For, not content with knowing of this tree  
the function of each part, bark, leaf and root.  
branches, life-giving sap, bud flower and fruit,  
I would be subject, have it look at me.  
So might I greet all things in awe and wonder  
as Thou, in understanding, standing under.



This autumn I shall do what the Bishop suggests: I shall plant an acorn for, as he puts it: *The seed is as much the plant as the tree is.* That's as true for acorn and oak as for key and sycamore or mast and beech, egg and goose. It's written in the DNA of every living thing, including, of course, differentiating each one of us. So much wonder!

By the way, the old rectory I lived in with my family as curate, then curate in charge, then priest in charge and finally as rector, was sold when I retired – bought by a dentist who converted my Compass Club barn into his surgery.

Denis Parry

---

## “Stuff and Nonsense” - Memories of Rosalind Johnson 1922 - 2020

Below is a description of a book that has been written with all profits going to St. Michael's Hospice Hereford. 100 copies have been printed and it is hoped to raise £400 for the hospice from its sale. This book is £8 plus post and can be obtained from Ros Bissell 01885 410318 moorsmeadow@hotmail.co.uk

"Stuff and Nonsense" is a small charming book of memories of Rosalind Johnson (Ingram). She was born in 1922 at Lower Harpton Mill and went to Knill and Titley schools. The places she worked includes Knill Court, Badland and for Dr. Dryland in Kington. Whilst in the Land Army she was on a farm at Sollers Hope. She married Tom Johnson from Presteigne and the book describes the places they lived in Herefordshire and Shropshire including life on the hills above Clun. The growing family eventually settled in North Herefordshire on a smallholding where she died aged 98.

The book describes the people and places she met along the way along with photos, the last part is written by her daughters and granddaughter.

Book review from Bromyard Info: *"This is a unique book documenting the purposeful life of an invincible and fun-loving character"*.



## Update from Dr McCaffrey

### Covid Pandemic and Vaccination Programme

- We vaccinated just under 5000 people between 18th and 31st December
- We will now hold vaccination clinics on one Saturday per month in both Kington and Leominster
- We will administer doses for our vulnerable 5 – 11 year olds in the surgery (protocols and procedures are expected at the beginning of February)
- At the moment there is no plan to offer a 4th dose to patients apart from the severely immunocompromised
- Having the booster does not protect against infection and transmission but at my last public health update it was stated that there were no patients in intensive care in the West Midlands who had received three doses of vaccine.
- Although the alert level remains at 4, since the new year we are not restricting activity to time-critical problems only
- BUT due to the high prevalence and rising case rate we do have to maintain a safe environment for staff and patients and, in particular, our vulnerable patients who need to feel safe when they come to the surgery. Therefore we are asking that patients do not come into the surgery unless they have an appointment. We still see a high proportion of our patients face to face but by speaking to many on the phone first we are able to plan exactly what we need to do for them and when we need to do it. We still automatically see unwell infants.
- Omicron is expected to peak locally at the end of January

We will keep our fingers, toes and eyelashes crossed that a new variant of concern does not appear!

### Other News

Mel Bird started a couple of months ago as a visiting paramedic. She will work with the duty doctor and will be able to visit patients urgently when we are still in surgery, and can video link with the GP who remains responsible for the patient. Mel is very experienced and has volunteered for us consistently at the vaccination sites. She will be covering the Kington, Mortimer and Weobley patients. GPs are still visiting patients at home and a decision is made with the patient at the time we assess the situation by phone.

On behalf of us all - A huge Thank You to Dr McCaffrey for her informative and heartening update.

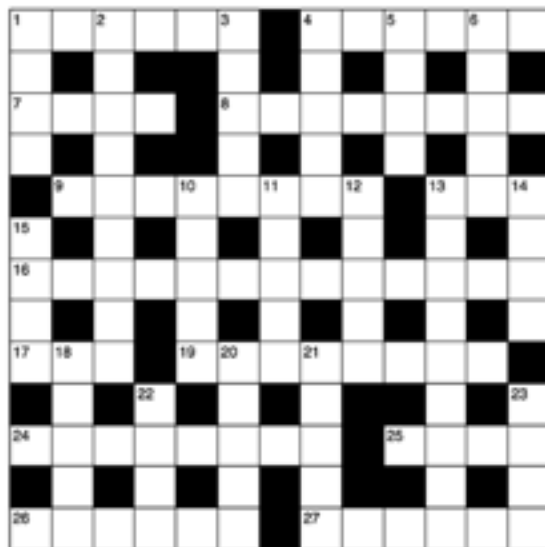
I was especially pleased to learn of Mel Bird's appointment which seems to me to be a very positive way forward in rural areas. To have a clinician specifically appointed to visit patients with urgent but not necessarily life threatening conditions (e.g a patient who has fallen and is unable to get up) and who is able to reach the patient relatively quickly will be very reassuring for patients. Since it may not be necessary to call an ambulance, it will also help to alleviate the pressures on the West Midlands Ambulance Service such as the log jams caused by ambulances having to wait outside hospitals for their patients to be admitted.

Kay Birchley

## February Crossword

### Across

- 1 'If you love those who love you, what — is that to you?' (Luke 6:32) (6)  
 4 'They threw the ship's — overboard' (Acts 27:19) (6)  
 7 The first murderer (Genesis 4:8) (4)  
 8 He was the head Levite in charge of the singing when the ark of God was brought back to Jerusalem (1 Chronicles 15:22) (8)  
 9 Samson was noted for this (Judges 16:6) (8)  
 13 Solicit money or food from passers by (Acts 3:2) (3)  
 16 What William Booth's Christian Mission became in 1878 (9,4)  
 17 Alliance of Religions and Conservation (1,1,1)  
 19 'I will praise your name for ever and ever. — — I will praise you' (Psalm 145:1-2) (5,3)  
 24 Simon had (anag.) (8)  
 25 Desperate (Deuteronomy 28:48) (4)  
 26 Elisha witnessed the boy he was seeking to resuscitate do this seven times before opening his eyes (2 Kings 4:35) (6)  
 27 The belly and thighs of the statue in Nebuchadnezzar's dream were made of this (Daniel 2:32) (6)



### Down

- 1 'Before the — crows, you will disown me three times' (Matthew 26:75) (4)  
 2 Relating to the books of the Bible between Acts and Revelation (9)  
 3 'They have — the Lord out of the tomb, and we don't know where they have put him!' (John 20:2) (5)  
 4 Belief (5)      5 'Take the following fine spices: ... 250 shekels of fragrant — ' (Exodus 30:23) (4)  
 6 'Do not — Jerusalem, but wait for the gift' (Acts 1:4) (5)      10 A seer (anag.) (5)  
 11 'Even there your hand will — me' (Psalm 139:10) (5)  
 12 The wild variety was part of John the Baptist's diet (Mark 1:6) (5)  
 13 A non-Greek speaker who was looked down on by civilized people (Colossians 3:11) (9)  
 14 Famous 1950s musical whose characters included members of  
 16 Across, — and Dolls (4)  
 15 The province from which Paul wrote to the Corinthians (1 Corinthians 16:19) (4)  
 18 'He was standing in the gateway with a linen cord and a measuring — — his hand' (Ezekiel 40:3) (3,2)  
 20 'Today, if you hear his — , do not harden your hearts as you did in the rebellion' (Hebrews 3:15) (5)  
 21 The Jericho prostitute who hid two Israelite spies on the roof of her house (Hebrews 11:31) (5)  
 22 'And now these three remain: faith, — and love. But the greatest of these is love' (1 Corinthians 13:13) (4)  
 23 'God has numbered the days of your reign and brought it to an end' (Daniel 5:26) (4)

**Answers to January Crossword** ACROSS: 8, Bottomless pit. 9, Ice. 10, Decalogue. 11, Limbo. 13, Seconds. 16, Crimson. 19, Eager. 22, Abhorrent. 24, Lap. 25, Alpha and Omega. DOWN: 1, Abdiel. 2, Stream. 3, Wondrous. 4, Flocks. 5, USCL. 6, A pagan. 7, Athens. 12, IOR. 14, Creation. 15, Dye. 16, Cravat. 17, In hope. 18, Need no. 20, Galley. 21, Repeat. 23, Read

## VALENTINE



For God so loV ed the world,  
 That He gA ve  
 His onL y  
 BegottE n  
 SoN  
 T hat whosoever  
 Believes I n Him  
 Should N ot perish,  
 But have E verlasting life."  
*John 3:16*



## Valentine's Day Recipe - Jammy Dodgers

(makes about 10 double biscuits)

These jammy dodgers are the perfect Valentine's day treat, and are so easy that children can make them. Delicious crumbly shortbread sandwiched between jam into pretty jam heart biscuits - what could be sweeter!?

### Ingredients:

- 80 grams      Caster Sugar  
 160 grams      Butter (unsalted)  
 240 grams      Plain Flour  
 Jam (strawberry or raspberry is traditional, but you can use any flavour - even lemon curd)

### Method:

Preheat your oven to 180C / 350F and line your baking trays (2 or 3) with baking paper. Place the butter and sugar in a large bowl and cream them together with a wooden spoon. If the butter is hard you can soften it in the microwave for a few seconds.

Add the flour and mix to a firm dough. Chill in the fridge for about 30 minutes. Roll the dough out to about 5mm (1/4 inch) and cut out with a round biscuit cutter. Place on one or two baking sheets and cut a heart shape out of half of them using a smaller heart shaped cutter. Use these trimmings to make more biscuits.

Bake in the oven for about 10 minutes. Allow to cool on the trays and then sandwich together with the jam.



## News from Theodora No.12 One extreme to the other.

### 21st June 2008 Summer Solstice!

It occurs to me that after the first bit of description in one of the very early exciting episodes, I never got back to describing the rest of Theodora. So here goes: the forward open space has been described and now the inside bits. The first space that you get to after you pass through the doors from the hold is the saloon. The saloon has a log burner, a settee which will convert to a double bed for guests (We changed things when we were living aboard in 2014 so we no longer have the settee.), an easy chair, a book case, a locker with hanging space for ball gowns and tail coats and a bit of space for wood to stoke the log burner. This is the sitting space for the times when we don't want to sit out in the hold. Today, for instance when, despite the date it is rather chilly and very wet. The saloon is 14 feet by 6'8" or thereabouts.

After the saloon you come to the galley with five full sized cupboards, a fridge and full sized gas cooker and a single drainer sink. There is not really enough space for two to work in the galley unless they are very friendly. We get on fine.

The bathroom comes next. It is narrower than the other two rooms because there is a corridor down the side of it. It contains a small handwash basin, the lavatory and a bath which is four feet long. There is a shower over the bath. Over the bath there is an extending clothes line for drying stuff in wet weather. This is helped by a small radiator which is heated either by the engine waste heat or by the central heating boiler.

Aft of the bathroom is the bedroom. By having a sliding section to the bedboard we have managed to fit in a king sized double bed. There is a central heating radiator as well. After that you go up the steps past the hanging space for coats and wet weather gear. This space is heated by a multiplicity of hot water pipes from the engine and the boiler so we don't have difficulty drying stuff out.

Outside at the stern is the steering position but under that is the engine, eight large lead acid batteries and the central heating boiler.

With that lot to live in we feel quite well off. It is amazing how little space we find that we really need compared with the amount that we have at home. I can only suppose that it is the fact that the boat is in a different place every day and we spend so much time outside that makes us feel that we have lots of space. We do feel ourselves very lucky.

Now, back to the story:

It seems an age since we were at Cheddleton Mill. We did not get to go round the inside of the mill because it was closed but we had a good look around outside. Very lovely it was too: warm red brick and damp mossy ferny bits around the mill wheels.

We completed the trip down the Caldon and made a stop to buy some pottery at a factory shop close beside the canal. (Those of you who are watching "The Great Pottery Throwdown" will be able to visualise where we were.) We couldn't leave the Potteries without buying some pottery. Some of the canal is a bit dismal down there but they are making great strides in smartening it up



with vast improvements to the towpath. It's nice to see that plenty of people are using the towpath for commuting on foot or bike.

Back on to the Trent and Mersey heading north. The long haul through Harecastle Tunnel was achieved without incident. Its 2,897 yards is something to be endured rather than enjoyed. You need lots of concentration to avoid hitting the sides. The first few tunnels that I did were rather exciting but they become a bit samey. Dark, possibly wet and always rather noisy with the echo of the engine.



Harecastle is extremely noisy at the south end. There is a huge fan which pulls air through from the north.

We had to wait for the last of the oncoming convoy to emerge. I called to one of the people sitting in the bows of a hire boat: "How was your tunnel experience?" "Awesome!", and he was gone.

You enter, having been given the necessary instructions by the tunnel keeper. We were the last boat in the convoy and the doors behind us swung closed with a clang. "It'll be very noisy!", was the last thing that the tunnel keeper had said to us. It was. Once the doors had shut the extractor fans came on and started drawing air from the other end of the tunnel. We could hardly hear each other shout so we stopped trying and just steered the boat and were patient. As we moved down the tunnel the noise got less and the lights of the boat ahead got closer. I decided that I was speeding and slowed down a bit.

Some time later we emerged into the bright orange water that is a feature of the north end of Harecastle. The groundwater which seeps into the tunnel picks up iron and stains the canal water for the next few miles a rich rusty colour. Even the weeds on the lock sides look rusty. The Red Bull flight passed without particular incident except that we met Chris Williams working his old working boat, Skylark, down the locks all by himself. We helped him for a bit and then he went on ahead as we were held up by other boats. He was taking his working boat to the Middlewich Canal and Folk Festival. We would be passing through and meeting Andrew and Jilly who were coming for the weekend.

The gathering of historic boats at Middlewich was most colourful and we duly admired them and the bright paint and the polished brasswork and the sound of their antique engines but we did not stay for the folk singing. We had a boat lift to catch.

Last time we passed Anderton in a narrow boat it was with Andrew before he could properly appreciate it. I imagine he said "Goo!" as appropriate but nothing memorable. The boat lift at that time was in a sad state, rusting away and derelict. Since then, great things have been achieved and we took Theodora and all her contents and crew down the fifty feet of the lift to the River Weaver where we zoomed up and down for a bit and moored up below the lift to wait for A & J's friends to meet us in the morning. They duly met us with two and a bit children. The oldest was six and interested in all things. We rose vertically fifty feet safe back on to the Trent and Mersey again. The lift bounces a bit but it seems that it has done this ever since the restoration and is accepted as a normal part of the ride.

We carried on north through a couple of short and picturesquely winding tunnels. The children enjoyed this and, I have to confess, so did I. I suppose that it is the length of the Harecastle that makes it a bit tedious.

*(continued overleaf)*

24/06/08

Suffice it to say that we have passed through Manchester on the Bridgewater Canal. That's the canal that started it all. Lock free for miles so we made fairly rapid but relaxed progress. After the Bridgewater we came to the Leeds and Liverpool which is where we are now. The L&L was a rude awakening from the Bridgewater. It goes in for locks. Lots of them and big and not easy to work. We started the Wigan flight at 0915 and finished, all 21 locks and about two miles, 215 feet higher than at 0915, at 1730. We were tired. We read that there are some that do that whole flight in 150 minutes which, I suppose, is possible if you have two boats going up together and consequently more hands. On this occasion there was just us. One on the boat and one working the lock. We took it in turns to do one or the other. At half past five we were tired.

Now we are on the summit level, just east of Foulridge Tunnel and the view is superb. We have had a really nice day in the sun working up the seven locks of the Barrowford flight with a little narrow boat tied alongside (This called breasting up). Very companionable and very easy. We spent half an hour in a lock while the gallant chaps from British Waterways tried to lift a piece of dry stone wall out from behind the lower gate. They were using Theodora's stern as a working platform and were trying to lift it with a couple of kebs. They did not manage it because the stone was too big and kept falling off the kebs. They said that they would lower the level of the water in that pound and go into the lock in chest waders to get it out in the morning when there were not many boats about.

"And what is a kebb?", did I hear you say? Its a tool with a long handle. In this case the handles were about 7 feet and 10 feet long. The business end looks like a garden fork with the tines bent at about 85 degrees to the shaft. Lock keepers use them for dragging weeds and rubbish out of locks.

Nick



# Maples Tearoom

Situated at Hergest Croft Gardens

**WINTER OPENING** for tearooms Wednesday and Sunday,  
Until 5 December for the booked Christmas Lunch. Then reopen  
Wednesday, 20 Jan for Wednesdays and Sundays.  
10 - 3.30

Some Sundays will be pre-booked Roast Lunches.  
For more information ring 07970 595 420

  @Maples.At.Hergest



## Penny Cole Counselling

I offer counselling and psychotherapy to adults in need of support. Call me or email me to arrange an initial consultation. UKCP registered

**Phone: 07776 146427**  
Email: penny\_a\_cole@yahoo.co.uk  
Website: pennycolecounselling.co.uk

## TITLEY VILLAGE HALL



- \* Extended and refurbished
- \* Large main hall, \* Full kitchen
- \* Conference room (c. 20 persons) \* Garden Room
- \* Large Car Park \* Disabled Access

**For Bookings - phone 01544 209025  
or email info@titleyvillagehall.co.uk**



## The Lion Café

**'Creative Community Family Café'**  
A family café with areas for children to play, offering drinks, cake and homemade meals.

We have workshops for young and old.  
**Open Mon, Tues, Thurs & Fri 9-4. Sat 10-4.**

Please check our facebook page - thelioncafe or thelioncafe.co.uk  
**52 Bridge Street, Kington. HR5 3DJ Tel: 01544 239119**



## Meadow Hay for sale Titley



small bales - top quality

Phone: 01544 231459



The Friends of St Mary's Church invite you, regardless of religious persuasion, to join them in helping to fund the upkeep of Kington's best-loved landmark, so that it may continue to serve all the people of this area for many more generations.

To learn more about the Friends, please pick up a leaflet in the Church, Kington Tourist Information Centre, visit [stmarykington.wordpress.com](http://stmarykington.wordpress.com) or contact:

Ann Edwards on 01544 230271 or Rod Symondson on 01544 231998

## MIKE MORGAN

Hatton Gardens Industrial Estate, Kington

**MOT**

**Service and Repairs**

**Aluminium Welding**

**Tel: (01544) 230280**

## Andrew Darwin Fine Wines of Kington

- Delicious and inexpensive wines by the case
- Mixed dozens available
- Free local delivery
- Glass hire available
- Sale or return offered for parties



Ring and ask for a list and/or suggestions  
Tel: 01544 230534 Email: [darwin@kc3.co.uk](mailto:darwin@kc3.co.uk)  
Website [www.adwines.co.uk](http://www.adwines.co.uk)



## Confidential Counselling Alcohol and Drug Abuse Individuals \* Families

**25 + Years Experience**

**Tel: 01544 327466**

**Laurence G. Austin** [fosteraustin@hotmail.com](mailto:fosteraustin@hotmail.com)



## Border Care Limited

PROVIDING DAILY HOME CARE & LIVING OPTIONS

Flexible Care that adapts to your needs

**01544 231500**

Border Care Ltd. is a local home care agency, with office premises at The Old Police Station in Kington.

The senior staff at Border Care have lived in the Kington area for over thirty years, and have wide ranging experience in the social care sector.

We would be pleased to visit you to discuss all aspects of support that you may need to enable you to stay in your own home. We cover Kington and the surrounding villages.

Alternatively, please visit our office, which has disabled access ; we would advise you to phone first, to ensure one of us is available to meet with you.

For an initial informal and confidential chat, please telephone Lorna or Lindsay, or email us at [bordercareltd@mail.com](mailto:bordercareltd@mail.com)

We are fully registered with the Care Quality Commission (CQC )

## FIREWOOD Hardwood Logs

**6 / 8 cwt**

**Delivered to order**

**Tel: 01544 230305**

## Radnor Physiotherapy Hermione Evans

Chartered Physiotherapist

**Arthritis Back and Neck pain  
Post surgical rehabilitation  
Sports injuries Stress**

[www.radnorphysiotherapy.co.uk](http://www.radnorphysiotherapy.co.uk)  
[hello@radnorphysiotherapy](mailto:hello@radnorphysiotherapy)

**Tel: 01544 350691  
mob: 07855 237790**

## Roz Myers Brown Therapies

*Aromatherapy massage; transformational footcare;  
Neal's Yard rejuvenating facials; ; Bach Flower Remedies;  
deep tissue massage; herbal remedies; Reiki healing.  
Dip. Ar. IPTI; SAC Dip Adv. Clinical Herbalism; SNHS Dip. Adv.  
Flower Remedies; Reiki Master & Teacher – Usui Shiki Ryoho.  
Kington practice: 07967 137208 [roz.brown@btinternet.com](mailto:roz.brown@btinternet.com)*

## Tony Jones and Son

Electrical Contractor

Contact Steve Jones on

**01544 230478**

### **BLOOMING LOVELY**

Flowers for all occasions

Wedding Bouquets, Button Holes  
Presentation Baskets, Oasis Arrangements  
Funeral Wreaths

Open Sprays and Floral Displays

Local delivery service available

Contact Philip Sell

**01544 239357**

### **BORDER DOMESTICS**

**Appliance Repairs**

Fast Friendly Reliable Service

- \* Washing Machines \*
- \* Tumble Dryers \* Dishwashers \*
- \* Cookers \* Fridges \* Freezers \*

Call Mark on

**07968 513774**

**Registered Address:** 21 Elizabeth Rd,  
Kington, HR5 3DB

**Workshop Address:** The Marshes Farm,  
Bullocks Mill, Kington, HR5 3SD

07970 171963

enquiries@llewellins.co

llewellins.co



**Llewellins**  
CARPENTRY, JOINERY & CONSTRUCTION

### **Number 25 Delicatessen**

25 High Street, Kington

**01544 230330**

Number25deli@gmail.com

www.number25deli.co.uk

Fresh bread daily from Swift Bakery - regular and  
one-off orders taken

Local, British and Continental cheeses.

Loose Tea and coffee beans. Herbs and spices.

Local apple juices, chutneys,  
marmalades and preserves.

Orders for collection/delivery available

Always a friendly welcome.



### **Forget-Me-Nots**

44 High St Kington

Greetings Cards & Gifts  
for all occasions

Fragranced Candles  
Bath Bombs & Soaps  
Helium Balloons, Banners  
& other Party Essentials  
Tel: **01544 231796**

## **Kington Building Supplies**

Building • Plumbing • DIY  
Drainage • Gardening/Landscaping  
Glass & Key Cutting available  
Kitchen & Bathroom Showroom

*Open: 7.30am-5.00pm Mon-Fri  
8.30am-12.30pm Sat*

Sunset Yard Kington Herefordshire  
HR5 3SF

**Tel: 01544 230081**

**Fax: 01544 230105**

E-mail:

info@kingtonbuildingsupplies.co.uk

SHORT OF SPACE, MOVING HOUSE,  
BUSINESS EXPANDING  
— DON'T WORRY!!



There is a high quality  
internal Self-Storage facility at  
Hardwick Farm, Pembridge just off the A44

- Accessible 24/7 with electronic fob key
- Suitable for document storage to comply with GDPR
- Storage for cars and caravans also available

www.barn-store.co.uk/pembridge

**01544 388217**



## **Border Osteopaths**

Richard Mann B.Sc(Hons) BSc. (Ost)  
Diana Mann B.Sc (Ost)

9 The Square, Kington, HR5 3BA

enquiries@borderosteopaths.com

**01544 239 210**

*Treatment of muscular-skeletal conditions from head to toe.*

*Call or visit our web site for more information*  
**borderosteopaths.com**

## RADNOR & KINGTON TAXIES

Friendly & reliable Local Taxi Service  
covering  
Kington, Knighton, Presteigne,  
New Radnor and surrounding areas.

Airport/Long Distance Service  
also available

**01547 560205 or 07831 898361**

## Sally's Pantry Ltd

**Bakery & Tea Room**

Wholesale and Retail

10 Headbrook Kington HR5 3DZ

**01544 239000**

# A.W. Hughes & Son

**Independent Family Funeral Directors**

Traditional Burials, Green Burials & Cremations,  
Headstones Supplied, Fixed, Cleaned & Restored.



Kington, Herefordshire

Tel: 01544 370217

also at

Presteigne, Powys

Tel: 01544 267778

Mob: 07881 094 904

Email: [awhughesandson@hotmail.com](mailto:awhughesandson@hotmail.com) [www.awhughesandson.co.uk](http://www.awhughesandson.co.uk)

## Jane's Alterations & Repairs

Curtains made,  
Zips & Shortening  
(coats, jackets, skirts, jeans etc)  
Dry Cleaning Laundry Service  
also

Industrial & Domestic  
Sewing Machine Repairs  
Day 01544 231623  
Eve 01544 231226



[tracyprotheroe@gmail.com](mailto:tracyprotheroe@gmail.com)  
Tel - 07970346536

**Tracy Protheroe**  
General Plumber

Kitchens, Bathrooms, Leaks

Maintenance & Repairs  
New Installations

**Protheroe Plumbing Services**  
Friendly, Prompt service

# HERGEST CROFT GARDENS

Open weekends from Saturday 6 March,  
then daily from  
Saturday 27 March to Sunday 31 October, 11.30 to 5pm

Unique & atmospheric: a 70 acre garden for all seasons

Admission: Adults £7, accompanied children under 16 free  
Free car parking Gift Shop Dogs on leads welcome  
Rare and unusual trees, shrubs and herbaceous plants for sale

Under new management:  
Maples Tea Room serves delicious homemade lunches and teas

HERGEST ESTATE OFFICE, KINGTON HR5 3EG  
01544 230160 [gardens@hergest.co.uk](mailto:gardens@hergest.co.uk) [hergest.co.uk](http://hergest.co.uk)



**GARAGE SERVICES – IN THE INDUSTRY SINCE 1969**

- Automotive & Diagnostic Specialists inc. Audi, BMW, Mercedes, Porsche, Volvo, VW
- 4 Wheel Alignment with our state of the art Hoffman 3D machine
- Servicing and Repairs for all Makes and Models
- Fully Licensed Air Conditioning Technicians
- Hybrid & Electric Vehicle Servicing
- Land Rover GAP Diagnostics



**Tel: 01544 231 416**

**Unit 3, Arrow Court Industrial Estate, Kington, HR5 3ER**

## Arrow Plant and Tool Hire

01544 230817 - [www.arrowplant.co.uk](http://www.arrowplant.co.uk)

More than just your local tool hire shop...

We also sell new and used power tools,  
PPE, hand tools, nuts & bolts, screws, lubricants etc.



Eardisley Road, Kington HR5 3HB

Also at Southern Avenue, Leominster HR6 0QF



### SunCare

Home Care Service  
Helping people since 1998

#### Do you need help at home?

We provide quality care in your home at an affordable price, on a short or long term basis.

Services include. Personal and domestic care, respite sitting, cooking, shopping and many other things.

Trained staff. Criminal records checked.  
We are NHS Dignity Champions

Ring Carole in confidence to discuss your needs  
On 01544 231413

The Old Surgery, The Meads, Kington.

### Tom Bounds Electrical

Electrical Contracting & Sales

32 High Street, Kington HR5 3BJ  
[tom-bounds@btconnect.com](mailto:tom-bounds@btconnect.com)

NICEIC Approved  
Tel: 01544 231303  
Mobile: 07967 281834

### BORDER BEAN

22 - 24 HIGH STREET, KINGTON

01544 231625

FRIENDLY, INDEPENDENT COFFEE SHOP  
AND GALLERY OFFERING SPACIOUS,  
COMFORTABLE SEATING FOR GREAT DRINKS  
CAKES AND LIGHT LUNCHES

We offer confidential, qualified & professional advice upon all aspects of personal and business accounting and taxation, including Self-Assessment and Tax Investigation Services.  
If you feel we can be of assistance, please do not hesitate to contact . . .

## Bowdler & Co Accountants

Bridge House (01544) 231501 or our Leominster office (01568) 613491  
email: [bowdlerco@btconnect.com](mailto:bowdlerco@btconnect.com)

### Foot Health Practitioner

- Treatment for
- Painful Corns and Calluses
  - ingrown toenails • verrucae
  - diabetics • nails trimmed • plus more

**Brian Jenkinson**

DIPCFHP MPS Pract

01544 230501 07977 214 756

Home Visits Only

Member of the Accredited Register of  
Foothealth Professionals



### CJC Carpentry

Colin Croose

Carpenter/Joiner/Builder

01544 230840 / 07967 943 332  
[colin-croose@hotmail.co.uk](mailto:colin-croose@hotmail.co.uk)

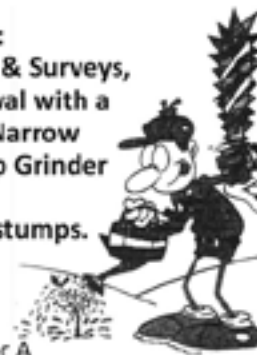
### TUGWELL TREE SERVICES

For a professional service in all aspects of tree care, including  
Pruning, Felling, Planting  
Supplying Trees & Shrubs  
and Hedge Maintenance

Specialists in:  
Tree Reports & Surveys,  
Stump removal with a  
High Power Narrow  
Access Stump Grinder  
for all those  
inaccessible stumps.

**David Tugwell**  
Tech Cert Arbor A

01981 510104 / 07968 093 898



Do you suffer from

Ankle sprain - cramp - elbow pain - headaches - hip  
and knee pain from osteoarthritis - joint pain - general,  
acute or chronic back pain - generalised aches and  
pains - minor sports injuries and tensions - muscle  
spasms - neck pain - plantar fasciitis - rotator cuff  
injuries - sciatica - shoulder complaints - tennis elbow



book online at

[www.kingtonchiropractic.com](http://www.kingtonchiropractic.com)

Room 3, The Old Police Station, Kington, HR5 3DP  
Mob: 07526 36 33 38 Tel: 01544 23 91 05

## The Garth Care Services

The Square, Kington, HR5 3BA

Providing Award Winning Care for over 30 years in:

- Residential Care
- Nursing and Personal Care
- Warm and Friendly Person-Centred Approach
- Always Putting You First
- Also: Care at Home with Our 'Homecare' Team

For Enquiries and Advice Please Contact Us:

By Phone: 01544 230502 (Care Home) or 01544 230321 (HomeCare)

Email: [enquiries@garthcareservices.co.uk](mailto:enquiries@garthcareservices.co.uk)

Web: [www.garthcareservices.co.uk](http://www.garthcareservices.co.uk)

## C & P BROOKES

Unit 1A

Hatton Gardens Estate  
Kington

Tel: 230206 / 231700

Car Repairs & Servicing

## Freelance Computer Engineer

(23 years experience - ex BBC)

Problems with your computer?  
Need an upgrade or a health check?  
Internet problems?

Call Jeff 01544 231 528

No call out fee

## KINGTON PARISH HOUSE/COMMUNITY HALL

Are you looking for a venue for regular meetings or special occasions?

Kington Parish House, near the church (HR5 3LG)  
is a well equipped and well maintained hall, with kitchen,  
used regularly by local groups of all ages.

For information about hiring the hall  
please phone 01544 340450 or 01544 230859  
or email [office@kingtonparishes.org.uk](mailto:office@kingtonparishes.org.uk)

## Interior Painter & Decorator

All types of wallpaper  
QUALITY PROFESSIONAL SERVICE

Established 1996

Estimates given

Clare Morris 01544 230766



**KINGTON MARKETS**

LOCAL FOOD & CRAFTS  
every Friday  
9-1

ART & CRAFTS  
3<sup>rd</sup> Saturday of the Month  
(APRIL-DEC)  
9-3-3

KINGTON MARKET HALL HR5 3BQ  
Contact Anna [anna@akcrafts.co.uk](mailto:anna@akcrafts.co.uk)

## Computer

Sales, Repairs and Support  
Installation, Servicing and Upgrades  
Desktops, Laptops, Tablets and Smart  
Phones. Home and Business Networking  
Data Recovery, Security and Backup  
Free Friendly Advice

Jim Rogers

Microsoft Trained

[jrogers@techsyst.co.uk](mailto:jrogers@techsyst.co.uk)

01547 530258



## Pins & Pegs Pin Weaving Boards

Learn the craft of continuous thread  
weaving on one of our locally hand crafted  
wooden pin weaving boards.

and turn this . . . . . into this!



No difficult warp to set up - start weaving  
straight away.

Suitable for all thicknesses of yarn from  
4ply through to super chunky.

One hour's tuition supplied free of charge,  
plus further courses available if required  
for one or two people at a time  
- all taking place in Kington.

Price per board = £48 (inc vat)

Hand dyed yarn available to purchase  
separately.

Contact Alison on 01544 231780  
or email: [alison@sparkiesofkington.com](mailto:alison@sparkiesofkington.com)

## Jennings Gas Services



*„Father & Daughter partnership.*

Installation - Servicing  
Landlord's Certification  
Maintenance

07886 374 930



Private Functions or Regular Letting  
**KINGSWOOD VILLAGE HALL**  
has everything you need.

Ample car parking  
lighting & curtains  
disability facilities + much more.

To find out about our reasonable rates  
Ring the Bookings Secretary on  
**01544 230654**

## THE HOME SERVICE



Electrical Installations  
Inspections & Testing  
Part P Registered  
ELECSA approved

Phone: 01544 350458

Mob: 07791 561 788

email: dalefox444@googlemail.com



## OAK TREE FUNERAL SERVICES

*Independent Family Funeral Directors*

*With Chapels of Rest at Kington & Leominster Cemeteries*

24 Hour Contact Tel: 01544 327829

Email: oaktreefuneralservices1@gmail.com

www.oaktreefuneralservices.co.uk

## HAIRPORT



*Unisex Hair Stylists*

40 High Street

Kington

Sue Woodhead

(Proprietor)

Tel: 01544 230514

**Pennells**  
of  
Kington

House Furnishing & Flooring

10 - 11 High Street Kington

HR5 3AX

Tel: 01544 230263

ARROWFIELD



*Complete, Caring, Professional Health Care  
for  
Farm Animals, Domestic Pets & Horses.*

Fully Equipped Modern Surgery & Diagnostic Services  
Easy Access & Parking for lorries & trailers.  
24 Hour Emergency Care by our Own Teams.

Consultations by Appointment

**Kington:**

Batts Meadow  
Hutton Gardens  
Kington  
Herefordshire  
HR5 3DD

Tel: 01544 230567

**Presteigne  
Branch :**

Unit 7  
The Enterprise Park  
Presteigne  
Powys  
LD8 2UF

Tel: 01544 267626



www.arrowfieldvet.co.uk

## PHILIP EDWARDS ELECTRICAL SERVICES

Domestic, commercial, agricultural  
installation and maintenance.

Everything from a rewire to an extra socket  
AICO Fire Protection Specialist

Stocklow Manor, Pembridge, HR6 9HT

Tel: 01544 388425 Mob: 07973 132275

Email: rpedwards@gmail.com



Registered Installer No 21629



INTAFRAME Est. 2003

*A Qualified*

## PICTURE FRAMER

Paul Taylor, GCF



Modern and Traditional picture framing carried out to a consistent level of standards as specified by The Fine Art Trade Guild. All my materials are acid-neutral or acid free and water based, nothing self-adhesive. I never do anything that cannot be easily reversed. Large choice of glazing, up to Museum standard. What do I frame (Just about anything)

All types of needlework – Fine Art – Art on canvas - Memorabilia  
Photographs - Objects – Medals – All types of Prints – Repairs -  
Re-framing for the conservation of old art work.

Local artists  
welcome

Much more information on my website [www.intaframe.com](http://www.intaframe.com)

Please telephone for an appointment to be assured of individual personal attention:

**01544 267733** or **07703 604925** (ring any time)

Location: 6 Broad Street, PRESTEIGNE, LD8 2AA

**Old Station Saw Mill,  
Eardisley**

Seasoned & Kiln dried  
firewood  
in 1 ton bags

Free local delivery

Timber frame garages,  
stables & summer houses

[www.oldstationyardsawmill.co.uk](http://www.oldstationyardsawmill.co.uk)

Office 01544 327298  
Mobile 07971 187 770

**R A Sumner**  
MIOC

**Carpenter**  
30 Years Experience

Carpentry  
Property Maintenance  
Home Improvements  
Decorating, Tiling  
Kitchen Fitting  
etc

**07841  
434 204**



**KINGTON FARM SUPPLIES**  
Town and Country Store

Everything you need under one roof.

**STIHL® ATCO OREGON CALOR**

We are continually increasing our stock to suit what our customers tell us they want. Why not come and have a look, you will be pleasantly surprised, we have something for everyone! Or visit our new web shop - [www.kingtonfarmsupplies.co.uk](http://www.kingtonfarmsupplies.co.uk)



The Brian Kemp Building  
Eardisley Road, Kington, HR5 3HB  
**01544 230661**

**ATRIUM**  
HARDWOOD

Local Manufacturers and Installers of the finest bespoke  
Hardwood Orangeries, Conservatories Windows and Doors.



FOR A FREE BROCHURE OR TO ARRANGE A DESIGN CONSULTATION  
PLEASE CALL **01544 231769**  
[www.atriumhereford.co.uk](http://www.atriumhereford.co.uk) [sales@atriumhereford.co.uk](mailto:sales@atriumhereford.co.uk)  
The Old Foundry, Kington, Herefordshire HR5 3DA

**HWS**  
PEST CONTROL

Commercial - Agricultural  
Domestic



Rats • Mice • Wasps  
Bees • Hornets • Ants  
Flies • Fleas • Moles



Farm Contracts  
Unbeatable Prices



**KINGTON**  
Tel: 01544 231 509  
Mob: 07778 033 862

Member of NPTA

**Self Storage Units**  
available at  
Staunton On Wye

Easy access arrangements

Insulated & Damp Proof

24hour CCTV

Store full house contents  
for just £80/month

For more details call  
**01568 708900**

E-mail: [info@aubreystorage.co.uk](mailto:info@aubreystorage.co.uk)

[www.aubreystorage.co.uk](http://www.aubreystorage.co.uk)

## Kington Tyres

Alan Hayward

Tyres, Exhausts & Batteries  
Supplied & Fitted

Unit 6 Hatton Garden Ind Est, Kington

**01544 231122**

## Arrow Mills Garden Centre

at J & P Turner, Kington

Large Selection of Pet & Wild Bird Food  
Veg Plants, Seeds, Alpines, Perennials  
Shrubs & Roses

Compost, Stone, Pots and Trellis  
Adult and Childrens Wellingtons

**Tel: 01544 230536**

[www.arrowmills.co.uk](http://www.arrowmills.co.uk)

## IAN JONES TYRES LTD

**TYRES BATTERIES & EXHAUSTS**



You know that Ian Jones Tyres sell tyres, exhausts and batteries, but did you know that they also:

- \* carry out class 4 and class 7 MOT tests
- \* do MOT repair work, servicing, brakes & most other mechanical repairs
- \* specialise in alloy wheels, high performance and 4x4 tyres

Units 1 & 2, Headbrook, Kington 01544 230291

### Do you need assistance with daily tasks?

#### We offer assistance with:

- All aspects of personal care
- Getting up and going to bed
  - Shopping
- preparing and cooking meals
  - Socializing
  - Respite care
  - Palliative care

At bluebellies we aim to encourage the individual to maintain their independence whilst being safe in their own home With well trained friendly caring staff.

For more information please contact becky

On: 01544 231 135 / 07791455692

Or: [bluebellescaraagency@hotmail.co.uk](mailto:bluebellescaraagency@hotmail.co.uk)

Rated GOCD by the CQC



**Care Agency**



### USING A SOLICITOR TO UPDATE YOUR WILL?



# Margraves

Ltd

Local Solicitors with an online presence.

Find us at [www.margraves.co.uk](http://www.margraves.co.uk)

### Margraves Ltd for:

- WILLS & TRUSTS
- PROBATE
- CONVEYANCING
- LASTING POWERS OF ATTORNEY (LPAs)
- EMPLOYMENT LAW
- DIVORCE & LITIGATION
- AGRICULTURAL LAW & FARM PARTNERSHIPS
- LAND LAW and GENERAL LEGAL MATTERS

Solicitors with offices in Llandrindod Wells and Kington, Herefordshire



[law@margraves.co.uk](mailto:law@margraves.co.uk)

Call us today:

**01544 231010**

or **01597 825565**

## DC GARDENING SERVICES



All grounds maintenance works  
grass mowing, hedge trimming  
fencing, landscaping, patios

Fully insured

Call Dave Campbell

**07950 863 970**

[dcgardenservices@btinternet.com](mailto:dcgardenservices@btinternet.com)

Hopefully re-opening 24th March

11am - 4pm Wednesday - Saturday

## Made in the Marches

12 Church St, Kington, HR5 3AZ

Locally made art, craft, gifts and cards

[www.MadeintheMarches.com](http://www.MadeintheMarches.com)

## Whitney Garden Machinery

Your Local Independent  
Mobile Machinery Specialist

Our Mobile Mechanics bring  
Their Skills to you -  
On-site Servicing & Repairs for  
Lawnmowers, Ride-on  
Mowers, Strimmers,  
Hedge trimmers, Brushcutters,  
Chainsaws & Blow-Vacs.

Chain & tool Sharpening  
Stockist of Quality Oils,  
Chain Loops & Strimmer Line.

Sales of New & Reconditioned Garden  
Machinery  
Authorised Cobra Garden  
Machinery Dealer

Terry & Nicky Smith

Tel: 07870 212358 / 07387 882349

email: [wgm.2004@outlook.com](mailto:wgm.2004@outlook.com)



## Forthcoming Events

Thur 3rd Feb 7.30pm	Flicks in the Sticks at Brilley Village Hall
Wed 19 Feb 12.30pm	Kington WI meeting at Markwick Hall
Sat 12 Feb 7.30pm	"A Brief History of Music" at Brilley Village Hall
Tues 15 Feb	Cut-off date for the March Parish News
Wed 16 Feb 12.30pm	Community Lunch at the Parish House
Thur 16 Feb 7.30pm	Horticultural Society meeting at the Masonic Hall, Headbrook



### Message from the Editor

In February 2019 - before the pandemic hit us - there were 33 items listed in the Forthcoming Events - this year there are only six. Is there really so little going on in Kington and the surrounding district?

Please, please - if you have resumed your meetings and activities but have forgotten to let others know about them - please send me a notice about your group so that I can add it to the above list. Thankyou . *Freda*

### **MATERIAL FOR THE MARCH 2022 PARISH NEWS**

by

**15th February please**

to

The Parish News Editor

Arrow Weir House, Kingswood Road, Kington HR5 3HD

**or email: [freda@sparkiesofkington.com](mailto:freda@sparkiesofkington.com)**

**Note: The cut-off date is always the 15th of the previous month**

If you are interested in receiving this magazine on a regular basis  
please contact

DENNIS & IRENE PHILLIPS on 01544 230683

**Please note subs are due - £6 for the year**