Parish News

Kington, Huntington & Titley
August 2023



SARGEANTS BUSES FOR KINGTON

From 1st January 2022

email: office@sargeantsbros.com Tel: 01544 230481 Mill Street, Kington Herefordshire HR5 3AL

HEREFORD 461 via Lyonshall 462 via Eardisley Journey times vary Kington to Hereford approx 65minutes Departs Mill Street Car Park, KINGTON

Mon-Fri 0645 0720 0850 0950 1050 1150 1250 1350 1450 1540 1710 Saturday - 0720 0850 0950 1050 1150 1250 1350 1450 1540 1710

 Returns Railway Station, HEREFORD
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LLANDRINDOD WELLS

Departs Mill Street Car Park, KINGTON

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M-F Coll Days	0600	0750	1010	1110	1210	1310	1410	1610	1735	1810
M-F Coll Hols	-	0750	1010	1110	1210	1310	1410	1610	1735	1810
Sat	-	0750	1010	1110	1210	1310	1410	1610	1735	1810
Returns from Railway Station, LLANDRINDOD WELLS										
	461	461	461	462	462	461	463	462	461	461
M-F Coll Days	0638	0900	1108	1208	1308	1408	1600	1708	1808	1850
Sat& Call Hals	_	0900	1108	1208	1308	1408	1605	1708	1808	1850

KNIGHTON Route 41

Departs Mill Street Car Park, KINGTON

M - F	0610	0820	1010	1210	1520	1730		
Sat	-	0820	1010	1210	1520	1730		
Departs Bus Station, KNIGHTON								
M-F	0642	0911	1111	1307	1617	1805		
Sat	-	0911	1111	1307	1617	1805		

TIMETABLES FOR ALL SERVICES AVAILABLE ON MOST BUSES & OFFICE IN MILL STREET

Also available on www.sargeantsbros.com

THE KINGTON PARISHES



St Mary, Kington St Thomas a Becket, Huntington
St Stephen, Old Radnor St Mary, Kinnerton St Peter, Titley
www.kingtonparishes.org.uk

CLERGY

Vacancy

The Revd Prebendary Michael Kneen, Rural Dean of Kington and Weobley 07979-852733 Enquiries contact: Parish Office email: office@kingtonparishes.org.uk

ASSISTANT CLERGY

Rev Tony Jardine 9 Park Green, Kington 01544 239160 **Rev Paul Buckingham** The Cottage, Prospect Lane, Kington HR5 3BE 01544 231357

READER

Rob MacCurrach 33 Cutterbach Lane, Kington, HR5 3EH 01544 231848

CHURCHWARDENS

Kington Miss Ann Edwards 01544 230271

6 Headbrook, Kington HR5 3DZ

Mr Rodney Bowdler 01544 231501

Bridge House, Bridge St, Kington HR5 3DW

Huntington Mrs Fiona Shone 01544 370391

Huntington Court, Huntington, Kington, HR5 3PZ

Mr Peter Kelly 01544 370266

Greenfield Farm, Huntington, Kington HR5 3PZ

Old Radnor Mr Michael Jones 01544 370259

Weythel Farm, Old Radnor, Presteigne LD8 2RR

Mrs Rosemary Watkins 01544 230174

Dunfield Bungalow, Stanner Rd, Kington HR5 3NN

Kinnerton Mrs Ruth Jones:

Upper House, Kinnerton, Presteigne, LD8 2PE 01547 560207

Mrs Sue Thompson

Court Farm, Kinnerton, Presteigne, LD8 2PE 01547 560333

Titley Mr Dick Allford 01544 231052

Pinecroft, Titley, Kington, HR5 3RL

MAGAZINE EDITOR

Miss Freda Lymath <u>freda@sparkiesofkington.com</u> Arrow Weir House, Kingswood Rd, Kington HR5 3HD 01544 231780

St. Mary's, Kington PCC is a registered charity and its number is 1185453

Letter from the Archdeacon

There's been a lot of walking around the Diocese recently. Bishop Richard has led walks up high places in each of our deaneries, and led simple services of Holy Communion on the hills, as part of our Year of Prayer. The Golden Valley Pilgrim Way, beginning and ending at our Cathedral, has seen more and more pilgrims walking along its route. Some are doing the full 59 miles, sometimes sleeping overnight by prior arrangement in one of the churches along the way, some just doing the shorter Pilgrim Trail over two or three days, still beginning and ending in our Cathedral. The prayers offered by those pilgrims is an integral part of their pilgrimage.



My husband and I will be off to Northumberland soon, a place where we have spent many happy holidays over the years. Tides permitting, we'll probably make the pilgrimage to Holy Island again, walking barefoot across the sandy Pilgrim's Way linking Holy Island with the mainland.

Pilgrimage has a long and honoured tradition among Christians. It used to be known as peregrination, or leaving one's home and wandering for the love of God.

Away from the distractions and comforts of home, in creation, it's often easier to tune into the presence of God. Praying while walking becomes a conversation, as we notice things about our surroundings, ourselves, and God which the Holy Spirit brings to our attention. We are embodied creatures, and being on the move can release emotions and thoughts that can get 'stuck' in our more sedentary day-to-day existence, all of which can be offered to God in prayer.

Not all of us are physically capable of making a pilgrimage. That need not stop us from entering into the experience either by following a pilgrim trail on YouTube or by taking an 'internal pilgrimage'. I came across this idea in a newsletter sent by someone who runs a retreat centre in Cyprus:

- Where have you been in your life? What have you done? What has happened?
 Whom have you met? Where has life taken you?
- Draw a meandering road on a large piece of paper.
- Record on the line significant events/times in your life through words/pictures/ colour. Begin with the day you were born.
- Consider where you sense God was in each of those times close, absent, in you, in others, etc. Mark this in some way on your path.
- Consider with God anything that has come to your attention that you feel needs more pondering. If any of it has been difficult, consider discussing it with a Christian friend and praying together.

Whether your summer pilgrimage is to a local park, your own garden, or along the Camino de Santiago, may you find blessing and joy in the journey.

AD Fiona

Views in a Vacancy

Dear Reader.

I call August the Silly Month. It's a time when all routines go to pot, especially for families who have children of school age. It's a time when folk rush off on holiday, often abroad, and more than likely in these days of climate change, out of the frying pan into the fire or else out of the fire into the flood. It's a time when there are fewer meetings (Hurrah!) and more



visits to and from friends and family. The story is that the Roman Emperor, Augustus, not to be outdone by Julius, whose month had 31 days, pinched a day from February to add to the 30 days of his month, August. Well, be that as it may, it's a silly month which, teasing Giles, we pretend to delete from the calendar so that he misses his birthday.

But, although a break is probably good for us and necessary, routine is vitally important. The Oxford Dictionary defines it as *a regular course of procedure; the unvarying performance of certain acts*. It means that things we would choose not to do, get done, such as — but surely I don't need to list them. Life in our family, for one thing, would be even more chaotic than it is. Routine is fundamental to life. The months of the year, for instance. We can't really delete August. The season of the year — seed-time and harvest, day and night; routine provides a framework within which we live and move and have our being.

It's routine which keeps things going so well during this interregnum. Indeed, that reminds me how, during an earlier vacancy Nancy Watson remarked to me one day after a service in Kinnerton where she had been playing the organ, that it seemed a pity that things couldn't just go on like this. Dear Nancy, you may remember, played everything as fast as if there was no tomorrow. At funerals we waltzed our way through *The day thou gavest*. In those days she shared Kinnerton and Old Radnor with Ruth. Anyway, things are just going on like this for several months now and we are very fortunate to have a good routine in place, and wonderful support from Mike Kneen and the team. What chaos it might otherwise be. For freedom sounds wonderful, but so easily it slips into licence, all of us doing our own thing. Nothing to hang on to. I like the way in the second collect at Morning Prayer we address God as one whose service is perfect freedom.

But even routine can be harmful. Things oft repeated can become automatic. As the saying goes, familiarity can breed contempt. Te Deum can become Tedium, the Lord's Prayer just a bit of quick gabble while we are mentally miles away. What we need is to practise mindfulness, for I'm sure that all of us have minds prone to wandering, I know I do, or sometimes even don't feel like praying or worshipping. But don't despair, Lady Julian of Norwich, that wonderful saintly anchoress (14th century) in her Revelations of Divine Love wrote in Chapter 41:

Our Lord is greatly cheered by our prayer. He looks for it, and he wants it..... So he says, "Pray inwardly, even if you do not enjoy it. It does you good though you feel nothing, see nothing. Yes, even though you think you are doing nothing. For when you are empty, dry, sick, or weak, at such a time is your prayer most pleasing to me".....God accepts the good intention and the toil of His servants, no matter how we feel.

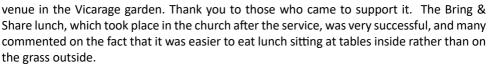
May you have a pleasant (and prayerful) August.

Denis.

St. MARY'S CHURCH, KINGTON

July at St. Mary's got away to a good start with a splendid concert given by KADOS which raised just over £500. Thank you KADOS for giving us such an enjoyable evening.

Picnic Praise to use its traditional name, took place on July the 9th in Church as opposed to its former



We had a P.C.C. Meeting on July 11th at which the Statement of Needs or Parish Profile was approved, and two members were elected to be present when the time comes at interviews for the appointment of a new vicar.

Messy Church was well supported, 17 children came to join in the fun , being creatuve, singing, playing a game, a storytime and of course having tea. Jelly and icecream remain very popular as do icecream cornets!

At a lunch hosted by Elizabeth Banks, Richard Banks and Szilvi Bacsa we were pleased to hear that there are plans to revive The Friends of St. Mary's.

I write on the eve of the Community Shop being run to raise money to support the Organ Restoration Fund and other musical expenses. Thank you to, all who support this in any way.

We look forward to the Group Service at Old Radnor on July 30th and hope that it will be as well supported as the service for the Benefice on July 17th when the Dean of Hereford Cathedral, Dean Sarah, led our worship and joined in the fellowship time following the service.

Looking ahead, we hope that many will come to share our outdoor Messy Church Activity Day on August 9th from 11am. to 2pm. If you are planning to come why not bring a friend to join in the fun.

We felt privileged to host Sarah Morgan's funeral service, and of course extend to her family our sympathy and kind thoughts.

Good wishes to you all.

Ann and Rodney

PS. The fete which took place in the church at the end of June raised just over £1000. Many thanks to all who supported it.

Kington Parishes Service Schedule for this month

Dependant on Government announcements, please see our website for up to date information. https://www.youtube.com/channel/UCho108zE6VUpNGQAmmfA9OA

Sunday, July 30th: Trinity 8: GROUP SERVICE

1Kings3:5-12, Psalm119:129-136, Romans8: 26-end, Matthew13:31-33, 44-52)

10:00am Holy Eucharist Old Radnor

Saturday 5th August: Wedding at Kington, 12:30pm

Sunday, 6thAugust: Trinity 9/The Transfiguration Daniel7: 9-10,13-14, Psalm 97, 2Peter1: 16-19, Luke9:28-36

8.30am: Holy Eucharist: Titley
10.00am: Holy Eucharist: Kington
11.30am: Holy Eucharist: Kinnerton
6.00pm: Junior Praise: Old Radnor

Wednesday 9th August. Messy Church 11am -2pm

Sunday, August 13th: Trinity 10

1Kings19:9-18, Psalm85: 8-13, Romans10:5-15, Matthew14:22-33

8.30am: Holy Eucharist: Huntington 10.00am: Holy Eucharist: Kington 11.30am: Holy Eucharist: Old Radnor 6.00pm: Evening Prayer: Kinnerton

Saturday, August 19th :Wedding at Kington, 12:30pm

Sunday, August 20th: Trinity 11

Isaiah 56:1,6-8, Psalm 67, Romans11:1-2a 29-32, Matthew15:21-28

10.00am:Morning Praise:Kington10.00am:Holy Eucharist:Titley12:00noonBaptism:Kington6.00pm:Evening Prayer:Old Radnor

Sunday, August 27th: Trinity 12

Isaiah51:1-6, Psalm 138, Romans12:1-8, Matthew16:13-20

10.00am:Holy Eucharist:Kington6.00pm:Evening Prayer:Kinnerton6.00pmEvening PrayerHuntington

All services at Kington are live streamed.

St Mary's LEGO CLUB

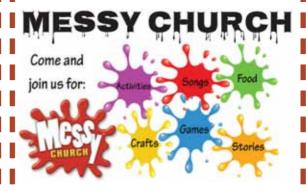
Wednesday 16th August at St Mary's Church Kington

3.30 - 5pm

Thousands of bricks Lots of mini figures Having fun creating together!

Refreshments

Children to be accompanied by an adult please.



Messy Church
St Mary's Church, Kington
Wednesday 9th August
11am - 2pm
Theme: Creation
Activities, Stories
Songs, Music, Games
and a Meal together

All are welcome

Easy Sudoku

3		6	7		2		5	
	1			4	6		9	
8	4	7						
		8			1			5
	3	9		5		8	1	
7			3			6		
						5	8	1
	6		1	7			4	
	8		5		3	9		6

Intermediate Sudoku

		4	6				1
			2				3
		7	1			6	9
	1				4	9	
	2	6				7	
1	9			5	8		
3 7				4			
7				9	1		

Fruit Picking from 60 Years Ago

My main memories of fruit picking were at The Whittern in Lyonshall in the early 1960's.

A bus from Sargents would go out from Kington each day for about three weeks in July. The bus would normally be the oldest one they had as the interior would soon be covered with mud and blackcurrant juice stains.



There would be other pickers on the field – 'foreigners' from as far afield as Leominster! In the early days I can remember groups of Romany gypsies too.

If we were lucky we would start each morning on a fresh field. As far as one could see would be row upon row of blackcurrant bushes from about three to five feet tall laden with glistening currants.

One was supposed to start at one end of a row, pick that row and then move on to the next available row. Pickers got very choosy about which row they would pick as some rows look 'easier' then others. Missing out rows was frowned upon and the foreman would send offenders back to fill in.

At the top of the field would be a weighing station with piles of large white enamel buckets and stacks of wooden trays. Each full bucket earned you a metal token with a hole in it which was worth about two shillings. Buckets had to be filled to the brim with no unripe currants, leaves or twigs. Tokens would be threaded onto strings and hung round the neck and every now and then Mr Green would arrive in his Land rover and exchange your token for cash. Sometimes a large urn of milky tea would appear on the field as well.

My mother would pack up our lunch in a large biscuit tin and we would take bottles of squash as picking was very thirsty work! There was a set time for lunch with some people hardly stopping at all and others having a bit of a siesta if it was a warm day.

Picking would carry on during a light shower, but heavy rain signalled the end of the day as fruit weighed heavier when wet which would please the picker but not the farmer! It also meant that we were really soaking wet by the time the bus arrived.

By home time, I would have filled up the lunch tin with juicy blackcurrants to take home – an unofficial perk of the job. My mother would bottle some for the winter and also make jam. Somehow, it was always me who had the job of sitting at the kitchen table cleaning the tin of blackcurrants.

Nowadays, of course, blackcurrants are picked by huge machines and sent off to companies like Ribena, but I have, mostly, fond memories of school holiday fruit picking from sixty years ago.

Julia Reid

August Crossword Across

- 1 Of Moses (6)
- 4 'You have been weighed on the and found wanting' (Daniel 5:27) (6)
- 7 Where Jesus performed the first of his miraculous signs (John 2:11) (4)
- 8 Roman emperor who ordered all the Jews to leave Rome (Acts 18:2) (8)
- 9 Member of a conservative Jewish party in the Sanhedrin which believed there was no resurrection (Acts 23:8) (8)
- 13 South London Mission (1,1,1)
- 16 Sure of one's own ability (2 Corinthians 11:17) (4-9)
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- 17 'At this the man's face fell. He went away —, because he had great wealth' (Mark 10:22) (3)
- 19 Airs used (anag.) (8) 24 'The Lord is my , I shall not be in want' (Psalm 23:1) (8)
- 25 'He has sent me to up the broken-hearted' (Isaiah 61:1) (4)
- 26 At or towards the rear of a ship (6)
- 27 Cross-carrying evangelist and world traveller, Blessitt (6)

Down

- 1 Ridicule (Luke 18:32) (4) 2 Encased in strapped-on light shoes (Song of Songs 7:1) (9)
- 3 Cambridge Inter-Collegiate Christian Union (1,1,1,1,1)
- 4 'Father, give me my of your estate' (Luke 15:12) (5) 5 Assistant (4)
- 6 On a par (John 5:18) (5) 10 Credo (anag.) (5) 11 Beaten with a rod (5)
- 12 The fourth of Job's 'comforters', who deferred making his contribution because of his junior status (Job 32:6) (5)
- 13 Chosen as a temple attendant, he was described by Ezra as 'a capable man' (Ezra 8:18) (9)
- 14 'Do not store up for yourselves treasures on earth, where and rust destroy' (Matthew 6:19) (4)
- 15 Employs (4) 18 Associated with penitence for sins, along with sackcloth (Matt 11:21) (5)
- 20 Association of South-East Asian Nations (1,1,1,1,1)
- 21 Sub-continent to which Baptist missionary pioneer William Carey devoted his life (5)
- 22 Recess at east end of a church (4) 23 One of the nine sons of Beriah (1 Chron8:15) (4)

Answers to July Crossword

ACROSS 8 Assyriologist 9 Sue 11 Motif 13 Defrock 16 Attalia 19 Lord's 22 Prophetic 24 Mac 25 Contraception

DOWN 1 Ransom 2 Ascent 3 Fruitful 4 Joined 5 BOAC 6 Sign to 7 Streak

12 Out 14 Full cups 15 Cud 16 Alpaca 17 Thorns 18 Attack 20 Remain 21 Second 23 Hurt

Reader Writes

A Song of Adam.

I, Adam, son of the earth, look up from the stony ground, lean on my mattock, Somewhere, lost in mists, beyond my hearing, sings our forbidden garden. I remember, and remember, wiping sweat from my eyes under a yellow sun, There had been a paradise, our place of dark rich soil in fields of gold. My Eve was luscious, tall, smiling, dark hair falling down her back; Slender arms, soft belly, arched muscles, dark fig sweet, eyes bright. We lay beneath a tree, my fingers playing with her heavy curls, lips parted; Later we looked up and sawripe fruit, unknown, reachable, tempting. How we loved to walk with our Creator and friend, our Father and Monarch, He brought us his creatures to be named, abundant, marvellous and delightful, We walked in timbered woods, canopies of green in bird filled hills Flowered fragrance, hum of bees, no harsh weather, life in abundance. Was it a 'calling' forged in our hearts to love all this endless life? It was certainly undeniable and unavoidable joy to love this Eden. Why else would we spend our hours creeping up on the rainbow dove Or gather for each other abundant and impossibly beautiful flowers? But we forgot our Master and took the forbidden fruit: lost our senses. Dark sweet juice, like mulberries, ran down her chin and onto her breast. Purple stained our parted lips, she stared, joy fled and our hearts knew greed; A serpent was there, flickering tongue and knowing gaze, came very close, Read our minds; we took it because we wanted it, didn't trust our Maker. Abundance within reach to fill our bloated lives with more than we need? Eden was despoiled; we didn't stop to think. Surely it's ours, it's ours! Onto the stony wastes east of Eden, no way back, we were expelled. "Come on, work!" she said; and she's right, my gaunt and bending Eve; But somehow, into this exile we bring its dreams and longings undenied. Our Father put eternity in our hearts, branded us with unspeakable joy, And calls us home, forgiven, rescued, reunited to where we belong. He built an ark of timber for us, and was nailed to a wooden cross for us. When he returns we'll know him face to face, carry us on eagle's wings. He longs to walk with us, fill us with light and life in all abundance, By a river flowing out of a new Eden, leaves of the trees healing our pain.

Robert MacCurrach



A Summer Evening with the Lay Clerks will see performances from the adult musicians who sing at the choral services throughout the week and form the "back row" of Hereford Cathedral Choir.

The concert will begin with sacred music from the medieval period through to the present day. The second half provides an opportunity for music which would not normally be heard in the choir stalls, and will include a mix of traditional folk songs and close harmony arrangements.

Saturday 16th September 2023 at 7.30



For tickets please apply to peterbkelly 642@hotmail.com

ST THOMAS à BECKET, HUNTINGTON CHURCH NEWS

Huntington Fete:

For the first time since the 1980's we had very challenging weather for Huntington fete day. High gusty wind meant hanging onto gazebo poles at times to stop them taking off and intermittent heavy downpours saw people running for cover. Thankfully,



we now have a good supply of marquees and gazebos, so there was plenty of shelter. However, despite the very inclement weather, everyone who came wanted to enjoy the afternoon and the event was once again a great success. Whilst the figures were generally lower than previous years, we did make a substantial £2,349.43.

This enjoyable community event would not happen if it were not for the numerous volunteers who give their time and so generously donate to the various stalls. Therefore, thanks must go to the dedicated team of helpers who do all the preparation work beforehand, particularly setting up all the marquees and tables and chairs (and all the dismantling). Thanks also to everyone who generously contributed, in any way, to stall items, prizes, etc. and, finally thanks to everyone who ran the various stalls.

Huntington Walk & Pizza - Sunday 27th August:

This popular and enjoyable annual event will once again take place at Yew Tree Farm (HR5 3PG) on Sunday 27th August. Those who wish to join the 5-6 mile walk, organised and lead by Geoff Steel, should meet at Yew Tree Farm at 2:00pm. If you don't feel up to the walk, then come along for the diy pizza, from 5:30pm. Pippa makes lots of dough and a huge selection of toppings and it's great fun rolling out and creating your own delicious pizza. Mike is in charge of cooking the individual pizzas, which take just 1 minute in their fantastic pizza oven. Tickets cost £10 per person and can be booked through Pippa and Mike Lloyde – pippalloyde@btinternet.com or Tel.No: 01544 370692

Huntington Village Walk, Pizza and Pudding. Sunday 27th August

Meet at Yew Tree Farm HR5 3PG

Walk at 2pm Pizza from 5:30pm

Non walkers and/or non pizza eaters welcome, join us for the bit you fancy!

£10 per person

Please bookthrough Pippa and Mike Lloyd pippalloyde@btinternet.com or 01544 370692 Please bring your own drinks.

Lay Clerks Musical Evening – Saturday 16th September:

We are looking forward to welcoming the Lay Clerks to sing at St Thomas a Becket on Saturday 16th September, commencing at 7:30pm. This event will be the first concert held

in church since the pandemic. Mindful that many are still reserved about crowded spaces, we are limiting numbers to 50. Following the concert canapés and a glass of wine will be served in the marquee outside.

Tickets cost £15 per person and if you wish to book a place please contact Peter Kelly – peterbkelly642@hotmail.com See poster on page 14 for further details.

Huntington Chase – Saturday 30th September:

The Huntington Chase is set to run on 30th September starting at the Village Hall and finishing as always at the Swan Inn. You can take part on horseback, ride a bike, run it, or just walk the eventful 11k course over Hergest Ridge.

The first Chase event took place in 2008, and numbers have steadily grown over the years. However, for safety reasons, sadly places are now limited. However, the entry fee remains at £15, which includes soup and sandwiches. More details in next month's Parish News, but if you would like to reserve a place, please email peterbkelly642@hotmail.com, including your contact number and mode of entry.

Susan Maiden



KINGTON HORTICULTURAL SOCIETY

In August there will be a trip to Trentham Gardens

Details from D W Phillips 230683

There will be no indoor meeting in August



Friday August 4th at 7pm Holy Trinity Church Bosbury HR8 1QT on the B4220 THE RUNDLE ENSEMBLE Music for a Summer's Evening

performed by

Wynne Harries (Oboe) John Parsons (Violin) Andrea Harries (Cello) and Roger Allen (Piano).

Ticket £10 (Children free) on the door or from Esther Kay 01531 670634.

Refreshments available; donations invited.

In aid of the Bosbury Organ Restoration Fund.

Macmillan Coffee Morning at Walton village hall

on Friday 29th September 10 am
(If you wish to help or make a contribution
please show up a little early)
All welcome



Titley Church News

Readers

Sunday 6th August David Sunday 20th August Elizabeth

Flowers Norma.



Village Fete.

Last reminder that our village fete takes place on Saturday12th August on the Stagg Meadow by kind permission of David Forbes. A great day out is promised for all the family and a chance to meet up with friends old and new.

Charity Shop.

We have use of the charity shop in Kington again this year from Wednesday 4th October. Please start having a look around the house for any unwanted presents or anything we could sell in the shop. If you need a "man with a van" please contact Dick on 231052 or alternatively you can put anything into the back of the church. Any offers of help during the week please contact Judith on 230734.

Dick

Golden Wedding Anniversary

Last month, Martin and Pamela Peek attended Morning Prayers on their Golden Wedding Anniversary in St George's Chapel at Windsor Castle. They were honoured to be included in the prayers during the service by the Dean of Windsor, The Right Reverend David Conner KCVO.



Martin Peek

The Titley Church House Singers

will be singing

Choral Evensong at St Stephen's Church Old Radnor at 5.30 pm on Saturday 26th August

and

Choral Eucharist at St Mary's Hay on Wye at 11.00am on Sunday 27th August.

Please call John or Elizabeth Turner at Church House, Titley
Tel: 01544 231758

Not a Proper Gardener (Part 33)

We've been busy hay-making. No Mow May, in parts of the garden, ran on into No Mow June and even No Mow July. So the strimmer's been busy, or rather I have, using



it, while Emma and Giles have been raking the stuff up and putting it in the composters. And I think reporting this demands an amusing digression:-

Opposite the old house we occupied in Pembrokeshire, down a muddy track over two fields grazed by neolithic cattle, lived Olwyn in a two-room Welsh cottage stuffed full of old newspaper. Electricity came as far as the outside wall, but she wouldn't have such dangerous stuff indoors, and the water was piped by hose from a little pool fifty yards upstream from the dwelling. When we first moved in she somehow knew we had young children, and kindly came up to warn us that there was an overgrown well in our garden. And when she discovered we had been given two runt piglets to occupy the sty at the top of our garden, she started to bring us buckets of whey for their nourishment obtained from the cows milked from the aforesaid cows by a neighbouring Joe Grundy-ish farmer. I was reminded of all this by the haymaking we helped Olwyn with, her first that year, in October!!

So much for our hay-cut Lawn, but what about the rest of our garden? Well, we had a good crop of gooseberries, and a reasonable quantity of blackcurrants and now we're up to our eyes harvesting, freezing and bottling lots of other soft fruit, chiefly raspberries and loganberries, but also (ripening as I write) boysenberries and red and white currants. And we're enjoying some delicious strawberries. The fruit trees, too (don't count your chickens before they're hatched!) are mostly full of promise, excepting the ageing cooking apple trees, and it looks as though we might even actually have damsons this year for our Michaelmas Feast. We continue to save buckets of bath and washing-up water which Giles helps to distribute around for us, and we use the hose sparingly on the vegetables but no need today, it's been raining, Halleluiah! These include plenty of cabbages, spring and summer (Golden Acre), broad and French beans (purple ones which cook olive green) some mangetout peas (of which one row is a dead loss - different variety, not to be repeated.) Courgettes, summer squashes and mini-cucumbers are just ready now, and there are plenty of tomatoes setting, both in the greenhouse and in our eight hanging baskets. A couple of rows of leeks are coming on nicely, and so are carrots, beetroot and, yes, after all if rather belatedly, some parsnips. Our early potatoes in bags, though tasty, were quantitatively disappointing and we look forward to lifting the first of our Nadine, 2nd earlies. The rhubarb is doing well, some to be cooked with honey and frozen for lovely crumbles in the winter.

But Climate Change is taking effect. Locally at least, the season continues to be very dry regardless of the thunder storms raging and accompanying showers and today's rain. Giles

and I observed, on our elevenses walk, that the overflowing pool in Park Wood is stagnant, no water overflowing. Also the low numbers of house martins partly due to the shortage of insects is worrying.

Mention of Park Wood reminds me to conclude by reminding you to vote for Hergest Croft Gardens, shortlisted as one of six beautiful UK Gardens - see Page 16 of the June Parish News and click onto the website https://www.historichouses.org/vote-for-garden-of-the-year-2023/

And why not visit? The kitchen garden is our favourite: amazing displays of roses, lovely herbaceous borders, wild flower garden, vegetable beds, fruit trees etc. and for those who need it, parking in the orchard nearby.

Happy gardening, Denis.

Kington Bowling Club

The members of Kington Bowling Club would like to extend a very warm welcome to anyone who may wish to come along and have a practise session with us on our Club Night.



All the equipment needed will be provided, please wear flat shoes and come and enjoy an 'introduction to bowls' with us.

We look forward to seeing you on any Monday evening from 6.00 pm until the end of the season in September.



Community Shop Dates

26 July - 1 August Marches Makers Festival

2 August - 8 August Huntington Chirch

9 August - 15 August Kington Museum

16 August - 22 August New Radnor WI

23 August - 29 August Kington Youth Club

Kington WI

A very informative and interesting film and talk show by Patrick Edwards on the RNLI Saving Lives at Sea pales into insignificance when one sees what Lifeboat crews really do. A truly heroic band of volunteers of which we are justly proud.

 $The \ competition \ was \ won \ by \ Margaret, \ and \ Bronwen \ and \ Pat \ served \ delicious \ refreshments.$

Our next meeting will be the outing to Aberystwyth - see you on the bus!

Janet Forrest

What's On in late July and August

Three Counties Food & Drink Festival Three Counties Showground Malvern 29th - 30th July

Festival Opening Times: Saturday 10am – 6pm Sunday 10am – 5pm

Taste some of the very best street food with delicious dishes from around the world and sample and buy a fantastic range of artisan foodie goodies from the region's producers. Take time out to watch and learn from our special guest TV chefs in our live cookery theatre and treat yourself to the gorgeous gifts, crafts and homewares on offer from our marvellous makers and creators.

Held at Three Counties Showground in Malvern, the Three Counties Food & Drink Festival will attract some of the UK's best traders offering mouth-watering cuisine. With a passion for fantastic food and drink, let us take you on a journey to discover a fabulous range of food and drink traders from across the region.

A Day Out in August! Visit Kington Arts and Craft Market Saturday 19th August – 9:30am – 3:30pm Kington Market Hall and Place de Marines.

Kington Saturday Arts and Crafts Market is once again delighted to present a wide range of beautiful, hand-made cards, gifts and crafts to suit all tastes, ages and budgets.

All stalls feature genuine handcrafted products, including: Cards for all occasions, Pottery, Handcrafted ironware, Basket Weaving, Woodturning, Alpaca products, Artwork, Papercrafts, Knitting, Crochet, Sewing, Peg Loom Weaving, Spinning, and Stone Carving. We are proud to support local artists and craftspeople. You'll find there's something for everyone; the perfect hunting ground for all your gift, home and garden decor needs.

Celebrate Summer with the perfect present – for yourself or someone special! Everyone welcome!

Anna King - AK Crafts anna@akcrafts.co.uk 07977 978676

SEWING EXHIBITION

Lingen Stitchers are holding an exhibition of their sewing work

Saturday 26th August 10am-5pm and Sunday 27th August 10am-4pm, in Lingen Village Hall.

Refreshments, raffle and sales tables including Sandra's Sewing Shop, Knighton, with free entry and a charitable donation from profits to go to St Michael's Hospice.

This is the first Exhibition since 2018 so there will be plenty to see.

Everyone welcome!

What's flowering at Hergest Croft Gardens in August

As we pass the summer equinox the glories of spring fade into memory, even those bridesmaid plants the Deutzia and Philadelphus will soon follow in their wake as we enter August. Though the garden is more subdued many of the best treasures are only beginning to reveal themselves.

The timing is perfect to turn our attention to trees, specifically the silver firs. Perhaps the most you'll have had to do with them is when you bring a Caucasian fir (Abies nordmanniana) into your house to decorate for Christmas, but in the summer this group of conifers decorate themselves more resplendently than by any human hand. This year a rare sight can be seen at Hergest, the Santa Lucia fir (Abies bracteata) perhaps more aptly called the Bristlecone Fir has produced its porcupine like cones with enormously



long exserted bracts, a relatively rare occurrence in the UK. The only caveat is you should probably bring your binoculars as this species cones near the top of the tree. Spare a thought for Richard 'Dick' Banks who climbed this species and many other trees to collect prize winning cones for the RHS Conifer competition in the 1970's.

Many of the firs grow to great heights and the tallest tree in the garden is the Giant fir (Abies grandis) one of the giants of the Pacific NorthWest, ours was last measured 47 meters (154 feet)! Other species from Asia like the Sikkim fir (A. densa) and two Chinese species A. delavayi (named for the French missionary Jean-Marie Delavay 1834-1895) and A. forrestii (named for perhaps the most prolific plant hunter, Scottish George Forrest 1873-1932). Both produce wonderful blue cones likened by a botanist friend as the Fabergé eggs of the natural world, bejewelled as they often are with glass-like resin. These are sometimes arranged in smaller coned species such as the Korean fir (Abies koreana) like a candelabra with dozens gathered together.

When you've visited all the trees and been bowled over by the variety of cones too numerous to describe here take a moment to appreciate the artistic interpretation of the Himalayan fir



(Abies spectabilis) by slate sculptor Joe Smith which is the centrepiece to the slate garden designed by Elizabeth Banks.

Of course, the Hydrangeas and repeat flowering Roses will work hard right into autumn and winter if the weather remains clement, and our Herbaceous borders and terraces should reach a crescendo during this time.

Austyn Hallworth, Head of Marketing & PR

The Parable of the Weeds (Matthew 13.24-30)

Ever wonder why there is both good and evil allowed in this world? Jesus told a parable that touched on this subject – it is called the Parable of the Weeds. It runs like this: Consider the world as if it were a field where a Farmer has sown good seed. But then an enemy came and sowed weeds among the wheat. So when the wheat came up, so did the weeds. What to do? Instead of destroying the weeds, and thereby risking the wheat, the Farmer tells his reapers to wait and let both wheat and weeds grow together until the harvest. At the harvest he will instruct the reapers to gather up the wheat, but to discard the weeds. So do not despair when evil seems to thrive in this world – there is a reckoning still to come, and justice will be done.

Kingdom Heaven Good Seed Field Sleeping Grain Weeds Enemy Servants Master Sow Gather Reap Root Let Grow Together Harvest **Bundles** Barn **Burned**

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TTGOAODAYWE
EVDNDMRDEES
HSEOANPILET

Kington Community Lunch



12.30pm Wednesday 16th August

For details

Contact 230683

Go'n' Knit in Kington

Stretchy Hat for a child

Because it is so stretchy it will fit a variety of ages from about 4 years to 14 years.

Needles: 6.5, 7 or 7.5mm (old number 3, 2 or 1 respectively)

The size of the needles doesn't really matter - just use what you've got. If you have all three sizes use the middle size.



Yarn: 2 strands DK or 1 strand chunky. Again, it doesn't matter and you could for instance use three strands of 4ply, or one 4ply and one Aran - you just need to have a combination that gives a good thick yarn. The advantage of using more than one yarn is that you can use up oddments and get different colour combinations with very little effort. A multicolour yarn plus a toning colour for the other yarn works well. However, it is best to use a solid colour for the cast on and first 5 rows as it looks better.

Method:

With selected needles and yarn cast on 52 (56, 60) sts and work 5 rows of K1, P1 rib, increasing 1 stitch at the end of row 5. (53, 57, 61 stitches)

Start pattern as follows:

Row 1 (right side) (K2, P2) across row to last stitch, K1

Repeat row 1 until work measures 4.5(5, 5.5) inches from start, ending with a wrong side row.

Shape top as follows:

Row 1 (K2tog, P2) across the row to last stitch K1. (40, 43, 46 stitches)

Row 2 K1 (K1,P2) across the row

Row 3 (K1, P2tog) to last stitch, K1 (27,29,31 stitches)

Row 4 P1, (K1, P1) across the row

Row 5 K1 (K2tog) across row (14, 15, 16 stitches)

Row 6 Knit across the row.

Finish off as follows:

Break off the yarn leaving about 24 inches for sewing up. Thread the yarn(s) through the stitches, draw up tightly and secure firmly. Sew down the side seam and sew in all the ends. Add a bobble if wanted.

For an adult sized hat you probably need 72 stitches, and start the shaping when the work measures 7inches. Happy knitting! Freda

KINGTON AUTUMN WALKING FESTIVAL 2023

20th-24th September

The Kington Walking Festival is here again!

As usual we have a wide selection of led walks in and around beautiful Kington. We have walks for tree lovers, artists, photographers, train spotters, cider drinkers and several strenuous walks with great views and the opportunity for a fabulous workout. This year we will also offer a free guided evening walk at 18.00pm on Wednesday 20th September.

We will have our usual casserole evening on the Thursday evening, sponsored by Tarmac. On Friday we have a talk by Jim Perrin, the mountaineer, travel and outdoor writer. He has a regular column in the Guardian where he writes about the local countryside. On Saturday evening our band this year is Dave Luke and The Glimmer Twins playing songs of the Rolling Stones. This will be held at the Burton Hotel.

For further information and booking check out our website, follow us on Facebook or subscribe to our newsletter.





www.kingtonwalks.org Email: info@kingtonwalks.org www.facebook.com/kingtonwalks Telephone: 07708 668316

Kington Show

SATURDAY 9th SEPTEMBER 2023 9am - 6pm

Adults: Gate £15/Advance £12.50 10-17s Gate £7.00/ Advance £5.00 Under 10s FREE

Kington Show is the largest one-day agricultural show in the county and will be held again this year on the second Saturday in September.

The show has managed to blend the traditional agricultural feel of horse, livestock and horticultural competitions with the lively entertainment on offer for the whole family in and around the main ring. This includes YFC, shearing and dog competitions all day as well as a wonderful display of vintage vehicles.

There are expected to be over 100 outdoor trade stands, a busy food & craft marquee and a wide variety of catering options including a licensed public bar.

Parking is free and well-behaved dogs on leads are welcome.

For any information in connection with the show, phone the secretary Wendy Smith on 01544 340598 or email info@kingtonshow.co.uk

Hereford Cathedral Discovery Day

Cathedral Close, Hereford, HR1 2NG

17 August 10am - 3pm

Learn more about Hereford Cathedral and meet members of the community in this relaxed and informal drop in event. Take part in fun activities with our education team, have a go on the Broderers' Big Stitch Stall and watch our stonemason at work.

Find yourself on a life-size Mappa Mundi and meet our library & archives team to find out more about the Mappa, Chained Library & outstanding archival collection from the medieval period onward.

Take part in a Cathedral Close tour, or Garden Tour and buy something from the gardeners' plant stall! This is an exciting way to discover what goes on behind the scenes at the Cathedral. Come along to the Cathedral Close marquee any time from 10am - 3pm.

This event is free to attend, no pre-booking required.

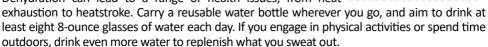
For enquiries about the event or accessibility, please contact events@ herefordcathedral.org or call 01432 374 251

Minister Of Health: Tips To Beat The Heat

A Government spokesperson said, "Here are some tips for seniors, children and people working outside to stay safe in the heat:

Stay Hydrated

When the mercury rises, it's crucial to keep yourself hydrated. Dehydration can lead to a range of health issues, from heat



Dress Appropriately

The right clothing can make a significant difference in dealing with the summer heat. Opt for loose-fitting, lightweight, and light-colored clothing that allows your skin to breathe. Light-colored fabrics reflect sunlight, while darker colors absorb it, making you feel even hotter. Additionally, don't forget to wear a wide-brimmed hat and sunglasses to protect your head and eyes from the sun's intense rays.

Seek Shade

When the sun is at its peak, usually between 10 am and 4 pm, try to stay in the shade as much as possible. Shade provides natural protection from the sun and helps you avoid overexposure to harmful ultraviolet [UV] rays. If you're at the beach or in an open area, bring along a beach umbrella or a pop-up tent to create shade.

Apply Sunscreen

Sunscreen is your skin's best friend during the summer. Choose a broad-spectrum sunscreen with at least SPF 30 and apply it generously to all exposed skin areas, including your face, neck, arms, and legs. Reapply every two hours or more frequently if you're swimming or sweating profusely. Sunscreen helps reduce the risk of sunburn, skin aging, and skin cancer.

Limit Outdoor Activities

Limit outdoor activities during the hottest parts of the day if you can. Instead, schedule your outdoor adventures for the early morning or late afternoon when the temperatures are relatively cooler. Plan your outdoor workouts or exercises for early or late hours as well to avoid overheating and exhaustion.

Know the Signs of Heat-Related Illnesses

Understanding the signs of heat-related illnesses is crucial for early intervention and preventing serious health issues. Some common heat-related illnesses include:

Heat Exhaustion: Symptoms include heavy sweating, weakness, dizziness, nausea, headache, and muscle cramps.

Heatstroke: This is a severe and life-threatening condition characterized by a high body temperature [above 103°F or 39.4°C], confusion, rapid pulse, and loss of consciousness.

"If you or someone around you shows signs of heat-related illness, move to a cooler place immediately, drink water, and seek medical assistance if needed."

More Motoring Memories from the 1970's

Keeping the Rover 100 for what we called our luxury motoring, Doris the Morris 8 provided the ideal transport for local trips for the family. For parish use I continued to use the LE Velocette. Then one day we were made an offer for Doris of £75, thus showing a handsome profit, quite a rare occurrence in dealings with our various vehicles.



Doris was quickly replaced by a Morris Minor Traveller, purchased for £50. This was the start of a long association with the marque, though never totally replacing our affection for the Austin 7!

The next vehicle, though not owned personally, came in the form of a Bedford Fire Tender. It became the Parish Mini Bus through an opportunity not to be missed.

We had formed a strong choir to sing at Sunday Services, and needed to provide members with suitable attire. At this point the local pub, a true village centre, organized a sponsored walk around the lanes. It obviously helped that the landlady's son was a member of the choir! The event raised the magnificent sum of £400. After purchasing the choir robes there was a balance of £90 left in the kitty. With common consent, we would put the money towards a mini bus.

A chance conversation with yet another useful contact (what would we do without our network of motoring enthusiasts?) enabled us to purchase the Bedford for £90. We made a quick trip to a school friend of mine in Chipping Sodbury who ran a scrap yard, where we found a J4 BMC mini bus. We removed and purchased a set of alloy framed windows. Returning home, we were told about a firm that scrapped double decker buses. I remember the trip to Reading, and that while we were removing seats Concorde flew overhead on one of its first flights from Heathrow. More history in the making. With windows and seats fitted, the vehicle was transformed. We held a competition to name the mini bus. It was given the name 'Barnabus'!

As a reward for their singing, we organised regular outings for the choir, visiting among other places the steam railway centre at Didcot, the annual steam rally at Blandford etc. We usually stopped off at a transport café on our journey home. I would go into the café and ask if it would be okay to bring in 18 hungry children. All was well, and I was surprised when coming to pay for my food, having settled the children, to be told no charge, it was driver's perks. Wow, a free meal!

Another great pleasure came from the spontaneous singing of well-known songs. With the windows open I often wonder what people thought as we drove hope through towns and villages en route. A happy band of travellers in a converted Fire Tender! Those were the days never to be forgotten. Our escapades even made the 'Church Times'. Tony lardine

Tony Jardine

News From the Museum

Museum Opening Times 10am - 4pm. Every Tuesday, Friday and Saturday

Life in Kington before the NHS

As we know the NHS is now 75 years old. How did we manage before this wonderful service was set up for our medical needs? In 1890 We had the village Midwife, one such was Betty Davies who daily trudged over the hills from Lingen to Kington with a basket of washing on her head, leaving her hands free to knit as she walked. She charged 1 shilling for each confinement, which included doing the washing. She was a well-known figure in Kington, always wearing her bonnet of office. Most towns and villages had their own midwives who also had a case of baby clothes, which were lent out to the poor or needy and then passed on to the next new Mum, a practice that continued until well into the 1940's. Midwives were licensed like a doctor so names survive: one was a Ann Boswell in 1771 perhaps married to Job Boswell surgeon of Kington, other names are Arabella Clarke and Anne Elcocks . In 1902 the first paid Parish nurse (who should be a bicyclist) was Nurse Pulley. By 1889 the cottage hospital was completed, admitting 27 patients. Kington Victoria Cottage hospital was built with public subscription. As the years passed by, the number of patients using the hospital increased. The hospital was run on voluntary subscriptions although patients paid £3 12s 10d for a 3 week stay, with additional costs for treatment. In 1936 Kington Hospital Contributary Scheme was started, with members eligible for immediate benefit. This opened the hospital services to many more of the residents and villagers in the district.

Kington has always had at least 3 surgeons living in the town, as the census confirms. We have records of payment for the midwife to attend the birth of an expected child, with some payments made monthly. Doctor Dryland came to Kington, of course, we know Doctor Jack married his daughter, becoming one of the Kington Doctors who would carry out Xrays and more importantly surgery. Dr. Jack was taken aback when he arrived in 1933 at the poor hygiene and conditions of the hospital. He made improvements, to the



extent of asking the local garage to make a hospital trolly. The operations were carried out under gas with the lamp hanging over the operating table.

We must not forget the herbalists and apothecaries along with the surgeons and doctors who have served Kington so well over the centuries. With the NHS coming into being in 1947 Kington was well set up for services.

Fast forward to 1997 when the Health Authority proposed to close the Cottage Hospital which served the community so well. The residents fought long and hard to prevent this closure. A public meeting with the Hospital Trust Board had police in riot gear, with a dog and white van outside the meeting hall. Was this necessary? One resident did not think so, writing a letter published in the Hereford Times in protest.

We are now left with a surgery and soon to be Minor Injuries Unit.

Wendy Jones, Secretary

From a Kington Kitchen - Recipe for August - Lettuce Soup

Ingredients

1 large lettuce ¾ pint of milk

1 oz butter ½ pint of chicken (or vegetable) stock

1 medium sized onion Salt and pepper to taste

1 medium sized potato 4 tbsps double cream (optional)

Method

Shred the lettuce. Thinly slice the onion and potato. Fry all vegetables in butter in a saucepan for 5 minutes, do not allow to brown. Add the milk and stock and bring to the boil stirring constantly. Cover and gently simmer for 10-15 minutes. Liquidise (or rub through a sieve) and return to the pan. Season and reheat. Serve with a whirl of cream on top of each bowl and toasted croutons.

Kington Walking Festival 20th - 24th September

www.kingtonwalks.org

Email: info@kingtonwalks.org www.facebook.com/kingtonwalks Telephone: 07708 668316 More details next month

Civic Award

AWARD

At a recent service at St Mary's church, the Churchwarden, Ann Edwards, announced to the congregation that the former vicar, Ben Griffith, had been given a Civic Award from Kington Town Council for services to the community during the seven years that he had been the incumbent. Everyone was suitably impressed.

What Ann failed to add was that she too had been given a similar award for services to tourism, particularly as

Chairman of the Kington Tourist Group, over the last 30 or more years.

I'm sure you would like to join with me in sending Ann our warmest congratulations on this well deserved achievement.

Freda (Editor)

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need to enable you to stay in your own home. We cover Kington and the surrounding villages.

Alternatively, please visit our office, which has disabled access; we would advise you to phone first, to ensure one of us is available to meet with you.

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Are you looking for a venue for regular meetings or special occasions?

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For information about hiring the hall please phone 01544 340450 or 01544 230859. or email office@kingtonparishes.org.uk

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Forthcoming Events

Sat 29 July & Sun 30 July	10am - 6pm 10am - 5pm	Three Counties Food & drink Festival at Malvern Three Counties Food & drink Festival at Malvern
Fri 4 August	7pm	Musical Evening at Holy Trinity church, Bosbury
Wed 9 August	11am - 2pm	Messy Church at St Mary's church
Sat 12 August Tue 15 August Wed 16 August Thu 17 August	2pm 3.30 - 5pm 10am - 3pm	Titley Fete at Stagg Meadow. Titley Cut-off date for September Parish News Lego Club at St Mary's church Discovery Day at Hereford Cathedral close
Sat 26 August	10am - 5pm 5.30pm	Sewing Exhibition at Lingen Choral Evensong at Old Radnor church
Sun 27 August	10am - 4pm	Sewing Exhibition at Lingen
Sun 27 August	11am 2pm / 5pm	Choral Eucharist at St Mary's church, Hay-on-Wye Walk, Pizza & Pudding at Huntington
Sat 9 Sept	9am - 6pm	Kington Show
Sat 16 Sept	7.30pm	Lay Clerks Musical Evening at Huntington church
Fri 29 Sept	10am	Macmillan Coffee Morning at Walton village hall

MATERIAL FOR THE SEPTEMBER 2023 PARISH NEWS

by

15th August please

to

The Parish News Editor
Arrow Weir House, Kingswood Road, Kington HR5 3HD
or email: freda@sparkiesofkington.com
Note: The cut-off date is always the 15th of the previous month

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